

Northern Minnesota Mental and Behavioral Health Service Provider Guide 2017

This guide was compiled by Amy Richter, and was made possible with a grant from the Ely Behavioral Health Network. It is intended to be a reflection of available services within Northern Minnesota and Statewide services that can benefit those in Northern Minnesota. Resource availability is subject to change.

If your agency or a known mental and behavioral health resource is not listed, please contact Riana Hegman at riana@wellbeingdevelopment.org.

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ADD and ADHD Services

Clinic Name	Essentia Health-Polinsky Medical Rehabilitation Center
Street Address	530 E 2nd St
City	Duluth
State	MN
Phone	(218)786-5360
Fax	
Email	
Website	www.essentiahealth.org
Referral Method	Referral must be made by a primary care physician within the Essentia network.
Ely Area	<input type="checkbox"/> ADD/ADHD Evaluation <input checked="" type="checkbox"/>
Insurance Details	Accepting of most major insurances.
Notes	<p>Behavioral and mental health services at Essentia Health-Polinsky Medical Rehabilitation Center support you in achieving emotional, physical, spiritual and intellectual balance and well-being. We offer counseling services to discuss life-challenges while promoting independence and responsibility. In order to be serviced at Polinsky, a more severe diagnosis must be present. These include: cognitive disorder, severe behavior disorders, oppositional defiant disorder, sensory processing disorder. ADHD, Autism, Learning Disability testing is also offered for all ages and counseling services are provided in these situations with an underlying severe diagnosis. Polinsky does not offer counseling services for anxiety or depression without the underlying diagnosis.</p> <p>Other services include: Traumatic Brain Injury cognitive retraining, family counseling, PCIT and Circle of Security group meetings.</p> <p>Paperwork is required prior to testing. Contact Polinsky to obtain the required documents.</p> <p>Services Providers at this location include:</p> <p>Nicole Clover, Marian Flammang, Mark Ham, Gerald Ouellette, Jessica Schilling</p>

Clinic Name	Essentia Health–Duluth Clinic 2nd Street Building
Street Address	502 East 2nd Street
City	Duluth
State	MN
Phone	(218)786-1186
Fax	
Email	
Website	www.essentiahealth.org
Referral Method	Self or Guardian referrals are welcome.
Ely Area	<input type="checkbox"/> ADD/ADHD Evaluation <input checked="" type="checkbox"/>
Insurance Details	Accepting of most major insurance providers
Notes	<p>Behavioral and mental health services at Essentia Health- 2nd Street support you in achieving emotional, physical, spiritual and intellectual balance and well-being. Counseling services are offered to discuss life-challenges while promoting independence and responsibility. At this location they also offer medication management and psychological testing. No telemedicine is offered at this time. Services also included are: chronic pain, health related depression and insomnia.</p> <p>In the future, an autism clinic geared toward youth will be offered.</p> <p>Services Providers at this location include:</p> <p>Othmane Alami, Jayme Bork, Babuji Gandra, Michael Messer, Elena Metcalf, Jennifer Nelson Albee, Barbara Boehm, Kathy Busick, Julianne Davis, Nicole Harriman, Laura Hoffarth, Cindy Kellett, Rhonda Krossner, Nancy LeRoux, Michaela Mayfield, John McBride, Nicholas Navarro, Katie Onofreychuk, Paul Remark, Lisa Streefland, Therese Sundberg</p>

Clinic Name	Fairview Range
Street Address	3605 Mayfair Ave
City	Hibbing
State	MN
Phone	(866)806-7139
Fax Email	
Website	http://www.range.fairview.org
Referral Method	phone
Ely Area	<input type="checkbox"/> ADD/ADHD Evaluation <input checked="" type="checkbox"/>
Insurance Details	most insurances accepted
Notes	At Fairview Mesaba Clinic - Hibbing, outpatient mental health treatments and counseling programs are available to serve the community.

Clinic Name	Nystrom & Associates
Street Address	322 W Superior St
City	Duluth
State	MN
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Referral Method	Referrals can be made online or via fax. Client or practitioner can send in a referral.
Ely Area	<input checked="" type="checkbox"/> ADD/ADHD Evaluation <input checked="" type="checkbox"/>
Insurance Details	Most major insurances are accepted, however some of their providers do not take medicare. It is best to check with Nystrom's financial workers
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.

Clinic Name	University of Minnesota Masonic Children's Hospital
Street Address	Floor 2, Ste F-275 2312 6th St
City	Minneapolis
State	MN
Phone	(612)273-8383
Website	https://childrens.mhealth.org/care/specialties/psychiatry-pediatrics
Referral Method	self/professional
Ely Area	<input type="checkbox"/> ADD/ADHD Evaluation <input checked="" type="checkbox"/>
Insurance Details	
Notes	University of Minnesota Masonic Children's Hospital child and adolescent psychiatrists and psychologists offer comprehensive mental-health services. They provide assessments, services and treatment for various diagnoses so that your child or teen can grow in his understanding of himself and develop skills to achieve a healthier and happier life. Covered by most private and public insurances. Providers can call 612-672-7000 to make referrals

ARMHS Providers

Clinic Name	Nystrom & Associates
StreetAddress	322 W Superior St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Referral Method	Referrals can be made online or via fax. Client or practitioner can send in a referral. When a referral is made by an outside source, Nystroms will make three attempts to contact the referred client.
Insurance Details	Most major insurances are accepted, however some of their providers do not take medicare. It is best to check with Nystrom's financial workers when scheduling an appointment. CTSS Services are covered by private insurance, however the mileage costs fall on the family would be approximately \$118.00 one way between Ely and Duluth.
Ely Area	<input checked="" type="checkbox"/>
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.

Clinic Name	Accend Services
Street Address	101 W 2nd St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)724-3122
Fax	(218)724-4041
Email	
Website	http://accendservices.com/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>Accend Services provides a variety of high quality mental health counseling, intervention, case management, advocacy, & rehabilitative services to adults, children & their families.</p> <p>Their mission is to build partnerships in their communities and with their clients to provide responsive, & client-centered services that restore health & maximize quality of life, independence & functioning.</p>

Clinic Name	Duluth Institute
Street Address	104 W Superior St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)727-7353
Fax	(218)727-2646
Email	
Website	www.duluthinstitute.com
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>The Duluth Institute, also known as The Institute for Psychological & Sexual Health, Inc., is committed to improving and enhancing the psychological and sexual health functioning of individuals and families in their community. They are a general mental health outpatient clinic. The Duluth Institute provides a complete range of psychological and mental health services through a model of treatment that focuses on rehabilitation and prevention as well as education and research.</p>

Clinic Name	Human Development Center
Street Address	1401 E First St
City	Duluth
State	MN
PostalCode	55805
Phone	(218)728-4491
Fax	
Email	
Website	https://www.humandevelopmentcente
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	HDC's mission is to lead their communities by providing integrated, culturally respectful mental health and addiction services that foster hope, self-determination, and recovery. Their focus on serving those most in need improves the quality of life for all.

Clinic Name	NHS Northstar Specialized Services
Street Address	227 W Lake St
City	Chisholm
State	MN
PostalCode	55719
Phone	(218)447-7160 or 7166
Fax	
Email	
Website	http://www.nhs-nss.com/
Referral Method	Referrals accepted from clients who are eligible to participate in Minnesota Health Care Programs such as Medical Assistance or MN Care. Upon receiving your referral, they will contact you and the client directly to schedule an informational interview.
Insurance Details	Must be MA eligible
Ely Area	<input checked="" type="checkbox"/>
Notes	NHS-Northstar Specialized Services, established in 1989, provides progressive, comprehensive, individualized services for persons with disabilities and mental illness through Residential, In-Home Family Support, and Adult Mental Health Rehabilitative Services and programs.

Clinic Name	Residential Services of NE MN
Street Address	108 S 5th Ave
City	Virginia
State	MN
PostalCode	55792
Phone	(218)741-7270
Fax	(218)741-7277
Email	info@residentialservices.org
Website	http://residentialservices.org/
Referral Method	Referrals can be made via self or professionals. Form can be found online.
Insurance Details	Accepts most major insurances.
Ely Area	<input type="checkbox"/>
Notes	<p>RSI was founded on the belief that anyone with any level of disability can be supported successfully in the community and that continues to guide everything they do.</p> <p>They strive to provide innovative supports that allow people with disabilities to live meaningful lives. Person-centered care is the basis for many of the supports offered. They encourage goals and dreams and create individualized supports to help clients achieve them.</p> <p>The idea of home is a key part of their services. That means providing settings where clients feel comfortable and secure. They take the time to get to know the people they serve because they believe that is the only way to truly meet their needs.</p> <p>An example of this in action is Positive Behavior Support, a strategy that involves understanding and eliminating the rewards for negative behavior. They then create positive behavior supports, which are tailored to each client.</p> <p>From assistive technology to nursing care, their services are designed to help clients live the lifestyle they want. By focusing on innovation and quality, they support people with disabilities in achieving their desires for years to come. They accept most insurances, including Medical Assistance, and offer a sliding fee scale and acceptable payment arrangements. Billing information can be found on their website.</p>

Clinic Name	Range Mental Health
Street Address	624 S 13th St
City	Virginia
State	MN
PostalCode	55792
Phone	(218)749-2881
Fax	(218)749-3806
Email	
Website	http://rangementalhealth.org/
Referral Method	Referrals would be made by the individual doing the assessment or by self referrals. If assessment has been completed by another agency, it can be sent to RMH with proper consent forms. The practitioner can contact intake at 218-749-2881 to make referral.
Insurance Details	Accepts most major insurances
Ely Area	<input checked="" type="checkbox"/>
Notes	<p>The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.</p> <p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <p>Exceeding the expectations of the clients and communities they serve.</p> <p>Each client's ability to reach his or her highest level of independence.</p> <p>Delivering quality services.</p> <p>Mutual respect for each client, employee, and services provided.</p> <p>Accountability, integrity, and problem solving with flexibility and openness to change.</p>

Autism Services

Clinic Name	Autism Society of Minnesota
City	St Paul
StreetAddress	2380 Wycliff St # 102
State	MN
PostalCode	55114
Phone	(651)647-1083
Fax	
Email	info@ausm.org
Website	http://www.ausm.org
Referral Method	self
Insurance Details	Not Applicable
Ely Area	<input type="checkbox"/>
Notes	The Autism Society of Minnesota is a non-profit organization committed to education, advocacy and support designed to enhance the lives of those affected by autism form birth through retirement.
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	Behavioral Dimension
City	St Louis Park
StreetAddress	7010 Highway 7
State	MN
PostalCode	55426
Phone	(952)814-0207
Fax	(952) 938-8838
Email	
Website	https://behavioraldimensions.com/
Referral Method	self
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	Behavioral Dimensions was founded in 1997 and provides services that use applied behavior analysis (ABA) for individuals with autism and other developmental disabilities in Minnesota. Those services include Behavioral Consultation for individuals with developmental disabilities, Family-Centered Behavioral Interventions, and Intensive Behavioral Intervention treatment for children with autism. Treatments and services are delivered by a team of licensed psychologists; board certified behavior analysts, and highly-trained practitioners. Their services are available in outstate Minnesota (Duluth, St. Cloud, Alexandria), southern Minnesota and in the metro area.
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	Dynamic Connections
City	Maplewood
StreetAddress	2495 Maplewood Dr
State	MN
PostalCode	55109
Phone	(651) 760-3109
Fax	
Email	info@dcsmn.org
Website	http://www.dcsmn.org/
Referral Method	self
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>Dynamic Connection's core program is a developmentally based intervention customized to meet the needs of families and children affected by autism spectrum disorders and other neuro-developmental learning differences. In addition to its' core program Dynamic Connections offers the following services:</p> <p>Tutoring Services. Tutoring is overseen by Courtney Holmes who holds a teaching license in EB/D, SLD, and Mild/Moderate disabilities. She holds a masters in special education and is an educator in the St. Paul schools. Their tutors are trained in RDI® interaction protocol as well as appropriate coursework administration. Reading Mastery and Math-U-See, both proven academic programs and meet school and state standards. Opportunities exist for parents to observe both the core program and tutoring sessions, with bi-weekly meetings available to work with an RDI® consultant to help identify your child's needs and meet your family goals.</p> <p>Relationship Development Assessments. Kris Worrell is a Relationship Development Intervention (RDI®) Program Certified Consultant. She can perform Relationship Development Assessments, help parents develop an understanding of the guided participation relationship, develop intervention plans, and provide on-going family consultation.</p> <p>Dynamic Connections is available to schools for consultation to help design student's physical, emotional and behavioral support plans by emphasizing and promoting positive behavioral supports.</p>
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	Helena Autism Therapy Center
City	Fridley
StreetAddress	5301 E River Rd Ste 13
State	MN
PostalCode	55421
Phone	(763)432-3926
Fax	(763)951-2132
Email	info@hfsatc.com
Website	http://hfsatc.com
Referral Method	self/online
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>Helena Autism staff members are trained to provide mental health psychotherapy and/or skills training services to children ages 2-7 with a diagnosis on the Autism Spectrum. Focusing on the individual needs of the child and family as well as best practices from a variety of effective treatment approaches. At HFS they offer half-day therapy and skills training programs for children age two to seven. Programs are individualized based on your child's Individual Treatment Plan (ITP) and are carried out five days a week.</p> <p>Your child will be with a caring clinician who is focused on the goals laid out in the ITP and parent or caregiver's input. Treatment is based upon best practices using a variety of tools, techniques, and training. Therapies may include behavioral, play, and relational.</p> <p>A typical day may include, but not be limited to: Relationship Building, Intensive Skills Training, Play Therapy, Communication Skills, Group Therapy and Skills, Peer Play, Gym Time, Daily Living Skills, and Snack/Lunch.</p> <p>Children may qualify for HFS services with a mental health diagnosis on the Autism Spectrum or after being assessed at the center. Helena Autism accepts most commercial insurance plans (that include Mental Health Benefits). Certain Medical Assistance (MA) programs cover the cost of our services, specifically straight MA (MA not attached to a commercial plan) or the TEFRA option. For MA information, contact a county caseworker.</p>
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	Integrated Development Services
City	St Paul
StreetAddress	2380 Wycliff St
State	MN
PostalCode	
Phone	(651)645-1410
Fax	(651)645-1019
Email	intake@ids-wi.com
Website	
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>IDS has been serving families affected by autism, developmental disabilities, behavioral challenges, and childhood mental health challenges since 1999. Services for MN are currently in St Paul with plans to expand to Duluth.</p> <p>The clients in their autism treatment programs have ranged from toddlers through young adults, and their approach to intervention has always involved active participation by families.</p> <p>IDS is a Certified Outpatient Mental Health Clinic, regulated by the Department of Health Services and audited every 2 years by the Division of Quality Assurance-Behavioral Health Unit. Their clinical practices comply with Administrative Rule HFS 35. They accept most insurances and, upon completion of the intake referral, will confirm if they are an in-network provider with your insurance.</p>
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	Minnesota Autism Center
City	Duluth
Street Address	5155 Miller Trunk Hwy
State	MN
Postal Code	55811
Phone	(218)729-7150
Fax	
Email	
Website	http://www.mnautism.org
Referral Method	Complete the Intake packet found online and remit to the intake coordinator. After review of the application and if accepted, the child will be put on a wait list.
Insurance Details	Most insurances are accepted, certain MA programs will cover services or may require a TEFRA plan. Please contact your county caseworker for more information
Ely Area	<input type="checkbox"/>
Notes	The Minnesota Autism Center provides therapeutic support for children, adolescents and families affected by Autism Spectrum Disorders, or ASD.
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	Nystrom & Associates
City	Duluth
Street Address	322 W Superior St
State	MN
Postal Code	55802
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Referral Method	Referrals can be made online or via fax. Client or practitioner can send in a referral. When a referral is made by an outside source, Nystroms will make three attempts to contact the referred client.
Insurance Details	Most major insurances are accepted, however some of their providers do not take medicare. It is best to check with Nystrom's financial workers when scheduling an appointment. CTSS Services are covered by private insurance, however the mileage costs fall on the family would be approximately \$118.00 one way between Ely and Duluth.
Ely Area	<input checked="" type="checkbox"/>
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	Partners in Excellence
City	Burnsville
Street Address	14301 Ewing Ave
State	MN
Postal Code	55306
Phone	(952)818-2876
Fax	(952)746-6131
Email	intake@partnersmn.com
Website	http://www.partnersmn.com/
Referral Method	Referrals can be made online or phone by client or guardian.
Insurance Details	Partners In Excellence is credentialed and identified as a preferred provider with many insurance companies. Partners is a (TEFRA) Medical Assistance provider. In those circumstances when a family may not have coverage through an insurance plan or the child is not yet eligible for funding, Partners In Excellence is able to work with a family and develop a private pay contract.
Ely Area	<input type="checkbox"/>
Notes	Partners offers a multidisciplinary therapeutic approach for children with autism. Applied Behavior Analysis and Applied Verbal Behavior are widely known and accepted as an evidence-based therapy for children on the autism spectrum. Combining these therapies with Occupational Therapy and Speech Therapy can help increase a child with autism's likelihood to obtain and maintain new skills.
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	Prairie St. Johns
City	Fargo
Street Address	510 4 th St S
State	ND
PostalCode	58103
Phone	(701)476-7200
Fax	
Email	
Website	http://prairie-stjohns.com/
Referral Method	Referrals can be done by an individual, caregiver or medical personnel. Contact Prairie St Johns for a needs assessment and bed availability.
Insurance Details	It is best to contact Prairie St Johns to verify insurance acceptance with their insurance counselors.
Ely Area	<input type="checkbox"/>
Notes	<p>Founded in 1997, Prairie St. John's is a fully-licensed and accredited 110-inpatient bed facility offering services for children, adolescents and adults to address mental health issues, substance use addiction or co-occurring disorders. Prairie offers a full psychiatric and addiction Continuum of Care. This Continuum of Care includes inpatient hospitalization, partial hospitalization (day treatment), residential treatment, intensive outpatient services and clinic services. While many patients are from the Fargo, ND, Moorhead, MN, and surrounding areas, they also serve individuals and their families from throughout Minnesota, North Dakota and other states. They also work with local Ronald McDonald housing facilities to assist families with long term stay needs. Prairie St. John's works closely with patients, their families, agency representatives, insurance companies, EAPs and managed care providers to determine all possible payment options. They are an approved provider for most major insurance companies and managed care plans. In addition, they will accept personal payment for services by individuals who either do not have insurance or do not want to use their insurance. A financial counselor will meet with you to determine funding options. They welcome referrals by medical or mental healthcare givers, case managers, employee assistance programs, family members, community agencies, hospitals, clergy, friends and patients themselves.</p>
Autism Services	<input checked="" type="checkbox"/>

Clinic	Skills Autism Therapy and Parent Enrichment
City	Bloomington
Street	9001 E Bloomington Rd
State	MN
Zip	55420
Phone	(952)777-4996
Fax	
Email	info@skills-atpe.com
Website	https://www.skills-atpe.com/
Referral Method	self/online
Insurance Details	<input type="checkbox"/>
Ely Area	
Notes	SKILLS-ATPE provides research and evidence based Applied Behavior Analysis therapy for children and adults up to age twenty one. Services are based on each individual child or adult's verbal or nonverbal communication needs, gross/fine motor imitation, social/interpersonal skills, self-care skills, learning skills, behavior, sensory and self-regulation skills as well as community safety skills. When completing the online enrollment form, SKILLS-ATPE will verify insurance and Medicaid as applicable. SKILLS-ATPE will check and verify your child's therapy options and let you know next steps.
Autism Services	<input checked="" type="checkbox"/>

Clinic	Solutions Behavioral Healthcare
City	Moorhead
Address	891 Belsley Rd
State	MN
Zip	56560
Phone	(218)287-4338
Fax	(218)287-5928
Email	
Website	http://www.solutionsinpractice.org/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>SOLUTIONS Behavioral Healthcare Professionals is a 501(c)(3) non-profit agency formed in 1999 by a small group of professionals who were committed to making a difference in the lives of individuals struggling with mental health problems. The emphasis was on providing quality, accessible services, and meeting unmet needs in the community.</p> <p>As a licensed mental health clinic, SOLUTIONS voluntarily adheres to state quality assurance standards and actively promotes the use of evidence-based interventions in the provision of services. SOLUTIONS accepts most insurances.</p>
Autism Services	<input checked="" type="checkbox"/>

Clinic Name	University of Minnesota Masonic Children's Hospital
City	Minneapolis
Street Address	2312 6 th St. Floor 2 Ste F-275
State	MN
Postal Code	55454
Phone	(612)273-8383
Fax	
Email	
Website	
Referral Method	https://childrens.mhealth.org/care/spec
Insurance Details	self/professional
Ely Area	
Notes	<input type="checkbox"/> University of Minnesota Masonic Children's Hospital child and adolescent psychiatrists and psychologists offer comprehensive mental-health services. They provide assessments, services and treatment for various diagnoses so that your child or teen can grow in his understanding of himself and develop skills to achieve a healthier and happier life. Covered by most private and public insurances. Providers can call 612-672-7000 to make referrals
Autism Services	<input checked="" type="checkbox"/>

Case Management

ClinicName	Creative Solutions Counseling
City	Hibbing
StreetAddress	2900 East Beltline Hwy
State	MN
PostalCode	55746
Phone	(218)263-6789
Fax	
Email	
Website	http://www.creativesolutionscounseling4kids.com
Referral Method	self
Insurance Details	They serve all clients regardless of inability to pay. Discounts are available and they do accept some insurances. Please discuss with your individual therapist who can provide more information.
Ely Area	<input type="checkbox"/> Case Management <input checked="" type="checkbox"/>
Notes	Creative Solutions Counseling for Kids provides long and short term psychotherapy for children, teens and their families in the treatment of behavior problems, attachment disorder, depression, anxiety, autism, parent-child and peer relationship issues, grief/loss, trauma, crisis counseling and management, chemical dependency and more.

Clinic Name	Duluth Institute
City	Duluth
Street Address	104 W Superior St
State	MN
Postal Code	55802
Phone	(218)727-7353
Fax	(218)727-2646
Email	
Website	www.duluthinstitute.com
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/> Case Management <input checked="" type="checkbox"/>
Notes	<p>The Duluth Institute, also known as The Institute for Psychological & Sexual Health, Inc., is committed to improving and enhancing the psychological and sexual health functioning of individuals and families in their community. They are a general mental health outpatient clinic. The Duluth Institute provides a complete range of psychological and mental health services through a model of treatment that focuses on rehabilitation and prevention as well as education and research.</p>

Clinic Name	Human Development Center
City	Duluth
Street Address	1401 E First St
State	MN
Postal Code	55805
Phone	(218)728-4491
Fax	
Email	
Website	https://www.humandevelopmentcenter.org/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/> Case Management <input checked="" type="checkbox"/>
Notes	HDC's mission is to lead their communities by providing integrated, culturally respectful mental health and addiction services that foster hope, self-determination, and recovery. Their focus on serving those most in need improves the quality of life for all.

Clinic Name	North Homes Children & Family Services
City	Duluth
Street Address	324 W Superior St Ste 400
State	MN
Postal Code	55802
Phone	(218)733-3000
Fax	
Email	
Website	http://www.northhomesinc.org/
Referral Method	Referrals can be made via phone by the person or guardian of the person seeking services, social workers or hospital staff.
Insurance Details	Accepts most major insurances. Grant funding may be available for those without insurance, despite household income.
Ely Area	<input type="checkbox"/> Case Management <input checked="" type="checkbox"/>
Notes	<p>North Homes Children and Family Services is a private, nonprofit agency that provides comprehensive services to children and families in Minnesota.</p> <p>There are five locations that include Grand Rapids, Bemidji, Duluth, Deer River, and Big Lake. Currently, North Homes provides numerous programs in the areas of foster care, adoption, in-home family services, CTSS, residential treatment, outpatient chemical dependency, outpatient mental health, medication management, family group conferencing, next step transitional services into adulthood, ITASKIN Center with a stabilization shelter, 35 day evaluation program, secure detention, and 90 day intensive residential treatment in Grand Rapids and Bemidji.</p> <p>Therapy and CTSS services can be provided in Ely dependent on the availability of their employees.</p> <p>Their Duluth location provides foster care, therapy and CTSS services.</p> <p>Residential services are located in Grand Rapids and Bemidji.</p> <p>North Homes also offers services for youth at risk for sex-trafficking. Grant funding is available and youth must be classified at risk, they do not need have fallen victim to trafficking. Primary insurance providers do not need to be notified of a client using these services.</p>

Clinic Name	Range Mental Health		
City	Virginia		
Street Address	624 S 13 th St		
State	MN		
Postal Code	55792		
Phone	(218)749-2881		
Fax	(218)749-3806		
Email			
Website	http://rangementalhealth.org/		
Referral Method	Referrals would be made by the individual doing the assessment or by self referrals. If assessment has been completed by another agency, it can be sent to RMH with proper consent forms. The practitioner can contact intake at 218-749-2881 to make referral.		
Insurance Details	Accepts most major insurances		
Ely Area	<input checked="" type="checkbox"/>	Case Management	<input checked="" type="checkbox"/>
Notes	<p>The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.</p> <p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <p>Exceeding the expectations of the clients and communities they serve.</p> <p>Each client's ability to reach his or her highest level of independence.</p> <p>Delivering quality services.</p> <p>Mutual respect for each client, employee, and services provided.</p> <p>Accountability, integrity, and problem solving with flexibility and openness to change.</p>		

Clinic Name	St Louis County
City	Ely
Street Address	320 Miners Drive E
State	MN
Postal Code	55731
Phone	(218)365-8200
Fax	
Email	
Website	www.stlouiscountymn.org
Referral Method	self
Insurance Details	
Ely Area	<input checked="" type="checkbox"/> Case Management <input checked="" type="checkbox"/>
Notes	St Louis County provides information and referral services as well as case management for both adults and children.

Chemical Dependency Outpatient Treatment

Clinic Name	Arrowhead Center
City	Virginia
Street Address	505 12th Ave W Ste 1
State	MN
Postal Code	55792
Phone	(218)749-2877
Fax	(218)749-6033
Email	
Website	http://www.arrowheadcenterinc.org/
Referral Method	Self referrals are welcome. If the referral is for chemical dependency services due to legal reasons, Arrowhead will make every attempt to schedule the client asap.
Insurance Details	Accepting of most major insurances.
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	<p>The Arrowhead Center has a mission to address the needs of individuals, families, and society by providing comprehensive client care. The Arrowhead Center provides services for mental health care, addictive behaviors, and compulsive behaviors. They have been providing client centered care since 1969. The Arrowhead Center is a 501(c)(3) not-for-profit corporation. The Arrowhead Center therapists provide outpatient mental health therapeutic services for individuals, families, and groups. The Arrowhead Center also offers services for chemical dependency and substance abuse. Licensed by the State of Minnesota, they have seven licensed alcohol and drug counselors to serve the area. The Arrowhead Center also contracts with the County to provide court evaluation services.</p> <p>A diagnostic assessment is required to receive mental health services. Services are currently located in Virginia and in Hibbing and hope to expand to Ely in 2017.</p>

Clinic Name	Bethel Port Rehabilitation Center
City	Duluth
Street Address	23 Mesaba Ave
State	MN
Postal Code	55806
Phone	(218)740-3770
Fax	
Email	
Website	http://www.duluthbethel.org/
Referral Method	
Insurance Details	adults
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	

Clinic Name	CADT Residential Treatment Facility
City Street	Duluth
Address	1402 E Superior St
State	MN
Postal Code	55805
Phone	(218)723-8444
Fax	
Email	admissions@CADT.org
Website	http://cadt.org/
Referral Method	A self referral can be made, however a Rule 25 assessment must be completed first.
Insurance Details	Accepted by most major insurances, however, clients receiving straight Medical Assistance would not be covered and would require county funding to pay for treatment.
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	The mission of the Center for Alcohol and Drug Treatment is to improve personal, family and community health through addiction prevention, treatment and recovery services. They offer mental health group therapy and have individual counselors on staff. They offer a 28 day treatment program and also offer outpatient services, detox, and medium intensity treatment of approximately 90 days. There can be a wait of two weeks to start services.

Clinic Name	Creative Solutions Counseling
City	Hibbing
Street Address	2900 East Beltline Hwy
State	MN
Postal Code	55746
Phone	(218)263-6789
Fax	
Email	
Website	http://www.creativesolutionscounselin
Referral Method	self
Insurance Details	They serve all clients regardless of inability to pay. Discounts are available and they do accept some insurances. Please discuss with your individual therapist who can provide more information.
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	Creative Solutions Counseling for Kids provides long and short term psychotherapy for children, teens and their families in the treatment of behavior problems, attachment disorder, depression, anxiety, autism, parent-child and peer relationship issues, grief/loss, trauma, crisis counseling and management, chemical dependency and more.

Clinic Name	Fairview Range
City	Hibbing
Street Address	3605 Mayfair Ave
State	MN
Postal Code	55747
Phone	(866)806-7139
Fax	
Email	
Website	http://www.range.fairview.org
Referral Method	phone
Insurance Details	most insurances accepted
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	At Fairview Mesaba Clinic - Hibbing, outpatient mental health treatments and counseling programs are available to serve the community.

Clinic Name	Genesis Recovery Services LLC
City	Duluth
Street Address	5 N 3rd Ave W
State	MN
Postal Code	55731
Phone	(218)722-368
Fax	
Email	
Website	http://www.genesisrecoveryservice LLC
Referral Method	Referrals are made to Holly Angell. Her direct phone number is 218-740-2348. Her email is hangell@grsduluth.com. Self or medical professional referrals are welcome.
Insurance Details	Accepting of private insurances. If someone in St Louis County receives Medical Assistance, they can go the county Chemical Health offices in Duluth on Tuesdays from 2:00-3:00 pm for a rule 25 interview to check eligibility for consolidated funding. Rule 25 and Diagnostic Assessments can be done and paid for out of pocket. Rule 25 cost is \$150.00 and Diagnostic Assessment is \$250.00
Ely Area	<input checked="" type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	<p>Genesis Recovery Services LLC will provide therapeutic interventions that are evidence based (empirical value) in a treatment environment that will enhance and enrich the lives of individuals diagnosed with either a chemical health disorder, or a chemical and mental health co-occurring disorder according to the Diagnostic Statistical Manual V (DSM-V). Through the recovery process, the recovering individual will gain an understanding of the progression of addiction and recovery through the development and implementation of healthy coping skills to effectively manage this area of their life. This will be accomplished through psycho-education, individual counsel, group psychotherapy and peer treatment support that address both addictive behaviors and mental illness. In gaining this understanding and knowledge, individuals will be able to apply and implement healthy coping skills along with symptom management skills for both their chemical and mental health diagnosis in an environment that will meet their physical, emotional and spiritual needs.</p> <p>Admissions screening requires the following information: name, address, insurance or financial information, copy of identification, spouse information, emergency contact information, Rule 25 assessment, county caseworker information and any county services received (ARHMS, mental health, etc.), primary care provider, diagnostic assessment.</p> <p>Services are strictly outpatient. Groups are offered: Monday, Wednesday and Thursday from 9:00am-12:00pm (co-ed) Monday, Wednesday and Thursday from 1:00-4:00 (women) Monday, Tuesday and Thursday from 5:00-8:00 (professionals/those working during the day) Groups are for 12 weeks and they will work with clients if they aren't able to</p>

make it to sessions. 134 hours are required to be considered “graduated” from the program.

They also offer crisis interventions, family education and supports and individual sessions.

An eight week parent program is offered once a week on Fridays, you can contact Corrie Ehrbright at 218-740-2346.

Clinic Name	Heartland Recovery Services
City Street	Baxter
Address	13401 Birch Drive
State	MN
Postal Code	56425
Phone	(218)270-3001
Fax	
Email	N/A
Website	
Referral Method	
Insurance Details	
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	Services adolescent girls

Clinic Name	Minnesota Adult & Teen Challenge
City	Duluth
Street Address	1 E 1st St Ste 100
State	MN
Postal Code	55802
Phone	(218)529-3733
Fax	(218)740-4330
Email	
Website	http://www.mntc.org/campus/northlan
Referral Method	Self and Medical Provider referrals are welcome.
Insurance Details	Accepts most major insurances providers. However, long-term treatment program (approximately 13 months) is often not covered by insurance. The outpatient portion of treatment is often covered by insurance. The treatment program is typically on a self-pay or county pay basis.
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	<p>Minnesota Adult & Teen Challenge is bringing hope to those adult men battling substance addiction. The Duluth Campus offers two different programs:</p> <p>Long-Term Program is a 13+ month faith-based residential program</p> <p>Licensed (Rule 31) Outpatient Treatment Program providing integrated, co-occurring substance treatment and mental health services.</p> <p>Mental health services are not offered but clients can seek services with Essentia Health or Nystrom.</p> <p>No work release program is offered. Clients can have visitors twice a week and are able to leave if granted passes.</p> <p>For admissions and to request an application, contact Nicole Nelson.</p>

Clinic Name	North Homes Children & Family Services
City	Duluth
Street Address	324 W Superior St Ste 400
State	MN
Postal Code	55802
Phone	(218)733-3000
Fax	
Email	
Website	http://www.northhomesinc.org/
Referral Method	Referrals can be made via phone by the person or guardian of the person seeking services, social workers or hospital staff.
Insurance Details	Accepts most major insurances. Grant funding may be available for those without insurance, despite household income.
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	<p>North Homes Children and Family Services is a private, nonprofit agency that provides comprehensive services to children and families in Minnesota.</p> <p>There are five locations that include Grand Rapids, Bemidji, Duluth, Deer River, and Big Lake. Currently, North Homes provides numerous programs in the areas of foster care, adoption, in-home family services, CTSS, residential treatment, outpatient chemical dependency, outpatient mental health, medication management, family group conferencing, next step transitional services into adulthood, ITASKIN Center with a stabilization shelter, 35 day evaluation program, secure detention, and 90 day intensive residential treatment in Grand Rapids and Bemidji.</p> <p>Therapy and CTSS services can be provided in Ely dependent on the availability of their employees.</p> <p>Their Duluth location provides foster care, therapy and CTSS services.</p> <p>Residential services are located in Grand Rapids and Bemidji.</p> <p>North Homes also offers services for youth at risk for sex-trafficking. Grant funding is available and youth must be classified at risk, they do not need have fallen victim to trafficking. Primary insurance providers do not need to be notified of a client using these services.</p>

Clinic Name	Nystrom & Associates
City	Duluth
Street Address	322 W Superior St
State	MN
Postal Code	55802
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Referral Method	Referrals can be made online or via fax. Client or practitioner can send in a referral. When a referral is made by an outside source, Nystroms will make three attempts to contact the referred client.
Insurance Details	Most major insurances are accepted, however some of their providers do not take medicare. It is best to check with Nystrom's financial workers when scheduling an appointment. CTSS Services are covered by private insurance, however the mileage costs fall on the family would be approximately \$118.00 one way between Ely and Duluth.
Ely Area	<input checked="" type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.

Clinic Name	Prairie St Johns
City	Fargo
Street Address	510 4th St S
State	ND
Postal Code	58103
Phone	(701)476-7200
Fax	
Email	
Website	http://prairie-stjohns.com/
Referral Method	Referrals can be done by an individual, caregiver or medical personnel. Contact Prairie St Johns for a needs assessment and bed availability.
Insurance Details	It is best to contact Prairie St Johns to verify insurance acceptance with their insurance counselors.
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	<p>Founded in 1997, Prairie St. John's is a fully-licensed and accredited 110-inpatient bed facility offering services for children, adolescents and adults to address mental health issues, substance use addiction or co-occurring disorders. Prairie offers a full psychiatric and addiction Continuum of Care. This Continuum of Care includes inpatient hospitalization, partial hospitalization (day treatment), residential treatment, intensive outpatient services and clinic services. While many patients are from the Fargo, ND, Moorhead, MN, and surrounding areas, they also serve individuals and their families from throughout Minnesota, North Dakota and other states. They also work with local Ronald McDonald housing facilities to assist families with long term stay needs. Prairie St. John's works closely with patients, their families, agency representatives, insurance companies, EAPs and managed care providers to determine all possible payment options. They are an approved provider for most major insurance companies and managed care plans. In addition, they will accept personal payment for services by individuals who either do not have insurance or do not want to use their insurance. A financial counselor will meet with you to determine funding options. They welcome referrals by medical or mental healthcare givers, case managers, employee assistance programs, family members, community agencies, hospitals, clergy, friends and patients themselves.</p>

Clinic Name	Range Mental Health
City	Virginia
Street Address	624 S 13th St
State	MN
Postal Code	55792
Phone	(218)749-2881
Fax	(218)749-3806
Email	
Website	http://rangementalhealth.org/
Referral Method	Referrals would be made by the individual doing the assessment or by self referrals. If assessment has been completed by another agency, it can be sent to RMH with proper consent forms. The practitioner can contact intake at 218-749-2881 to make referral.
Insurance Details	Accepts most major insurances
Ely Area	<input checked="" type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	<p>The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.</p> <p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <p>Exceeding the expectations of the clients and communities they serve.</p> <p>Each client's ability to reach his or her highest level of independence.</p> <p>Delivering quality services.</p> <p>Mutual respect for each client, employee, and services provided.</p> <p>Accountability, integrity, and problem solving with flexibility and openness to change.</p>

Clinic Name	Woodland Hills
City Street	Duluth
Address	4321 Allendale Ave
State	MN
Postal Code	55803
Phone	(218)728-7500
Fax	(218)728-7501
Email	
Website	http://www.woodlandhills.org/home.p
Referral Method	email/phone
Insurance Details	
Ely Area	<input type="checkbox"/>
Chemical Dependency - Outpatient	<input checked="" type="checkbox"/>
Notes	Woodland Hills, located in Duluth, Minnesota, is dedicated to empowering, healing and teaching responsibility to children and adolescents. The multi-faceted agency provides a continuum of services for young people that promote behavioral, mental and chemical health as well as physical well-being. With over a century of experience, this private non-profit agency continues its mission of providing unwavering hope and opportunity for youth, families and communities. Woodland Hills is a contracted provider for a number of private and public insurances with proper authorization.

Chemical Dependency Residential Treatment

Clinic Name	Adolescent Treatment Center of Winnebago
City	Winnebago
Street Address	620 First Avenue S.W., Box 278
State	MN
Phone	(507)893-3885
Fax	(507)893-4223
Email	info@uhd-atcw.com
Website	http://uhd-atcw.com/
Referral Method	self
Insurance Details	Youth ages 12-18
Ely Area	<input type="checkbox"/>
Notes	<p>With a multi-disciplinary treatment team, including licensed alcohol and drug counselors, counseling assistants, a registered nurse and a medical director- - the staff at United Hospital District Adolescent Treatment Center of Winnebago (ATCW) is dedicated to adolescents and their unique journey toward recovery.</p> <p>RESIDENTIAL PROGRAM OFFERINGS</p> <p>Individualized treatment planning based on client's strengths and needs</p> <p>Positive Behavioral Interventions and Supports</p> <p>Transitional services planning</p> <p>Individualized family programming</p> <p>On-site instruction by state licensed teachers</p> <p>Exposure to community support groups and sober leisure activities</p> <p>Services covered by most health insurance plans and CCDTF</p>

Clinic Name	Bethel Port Rehabilitation Center
City	Duluth
Street Address	23 Mesaba Ave
State	MN
Phone	(218)740-3770
Fax	
Email	
Website	http://www.duluthbethel.org/
Referral Method	
Insurance Details	adults
Ely Area	<input type="checkbox"/>
Notes	

Clinic Name	CADT Residential Treatment Facility
City	Duluth
Street Address	1402 E Superior St
State	MN
Phone	(218)723-8444
Fax	
Email	admissions@CADT.org
Website	http://cadt.org/

Referral Method	A self referral can be made, however a Rule 25 assessment must be completed first.
Insurance Details	Accepted by most major insurances, however, clients receiving straight Medical Assistance would not be covered and would require county funding to pay for treatment.
Ely Area	<input type="checkbox"/>
Notes	The mission of the Center for Alcohol and Drug Treatment is to improve personal, family and community health through addiction prevention, treatment and recovery services. They offer mental health group therapy and have individual counselors on staff. They offer a 28 day treatment program and also offer outpatient services, detox, and medium intensity treatment of approximately 90 days. There can be a wait of two weeks to start services.

Clinic Name	EndeavorPlace
City	Verndale
Street Address	21539 120th St
State	MN
Phone	(218)445-1466
Fax	
Email	
Website	http://endeavorplace.com/
Referral Method	self
Insurance Details	males ages 14-19
Ely Area	<input type="checkbox"/>
Notes	<p>Endeavor Place, LLC is licensed through DHS under the CRF Rule 2960 and holds a certificate specializing in Chemical Dependency Treatment.</p> <p>Endeavor Place has developed a comprehensive treatment program specializing in helping adolescent males (14-19) who are struggling with substance abuse. Our strengths are in the small size (8 residents) and a strong therapeutic program.</p> <p>This facility serves clients who meet the criteria for chemical abuse or dependency, who are ambulatory, and are not diagnosed with severe medical conditions. A Rule 25 Assessment for all prospective clients reviewed and assessed on an individual basis to determine whether this program can meet their needs. The estimated length of stay at this facility will vary from client to client and is dependent on the client's success and suitable placement. Services are likely to be covered by private and public health insurance.</p>

Clinic Name	Fountain Centers
City	Albert Lea
Street Address	408 W Fountain St
State	MN
Phone	(507)377-6411
Fax	(507)377-6443
Email	
Website	http://mayoclinichealthsystem.org/loca
Referral Method	self
Insurance Details	adults and youth
Ely Area Notes	<input type="checkbox"/>

Fountain Centers has been committed to helping individuals and their families who have alcohol and other drug problems since 1974. They strongly promote and integrate the 12 Steps of Alcoholics Anonymous and Narcotics Anonymous into our therapy services. Other core components of their treatment programs draw from motivational enhancement and cognitive behavioral traditions, with an emphasis on teaching relapse prevention skills. All treatment plans are individualized, ensuring that each person's unique needs are met to promote healing and recovery. Dignity and respect are foundational values that guide their work with patients. Fountain Centers accepts payment from commercial insurance, private pay and the Consolidated Chemical Dependency Treatment Fund (CCDTF) and participates in most Southern Minnesota provider networks. Prior to admission, funding must be verified and preauthorization, if required by payer, must be completed. Payment arrangement will be made before discharge and may include payment in full, arrangements for divided payments to Albert Lea Medical Center over a maximum of six months, or assistance with obtaining a medical loan from a lender if a longer period of repayment is required. For self-pay individuals, a down-payment of one third of the estimated cost of services is required. Minnesota residents ages 17 and younger may be eligible for the Minnesota Consolidated Chemical Dependency Treatment Fund (CCDTF). This fund is accessed through chemical dependency assessors in the county of residence. This process is known as a Rule 25 assessment. The CCDTF incurs no cost to the family.

Clinic Name	Hazelden Betty Ford
City	Plymouth
Street Address	11505 36th Ave N
State	MN
Phone	(866)831-5700
Fax	
Email	
Website	http://www.hazeldenbettyford.org/trea
Referral Method	Self referrals are welcome. Someone seeking services can call 855-348-7013 for a pre-evaluation.
Insurance Details	Most private insurances are accepted and they are considered in network for most insurances. They do not accept medicare or medicaid
Ely Area	<input type="checkbox"/>
Notes	<p>Their evidence-based residential rehab programs for adolescents and young adults in Plymouth, MN and for men and women in Center City, MN surround you with a multidisciplinary treatment team dedicated to your recovery—and provide you with a safe and supportive place to heal.</p> <p>Inpatient treatment is tailored to meet your unique needs. Your comprehensive care plan may include:</p> <ul style="list-style-type: none"> medical residential detoxification medication-assisted treatment for opioid addiction animal-assisted therapy (with Willow, our resident therapy dog) mental health services for co-occurring conditions on-site schooling options in coordination with your home school <p>Your length of stay is based on your specific situation and clinical milestones.</p>

Clinic Name	Heartland Recovery Services
City	Baxter
Street Address	13401 Birch Drive
State	MN
Phone	(218)270-3001
Fax	
Email	
Website	N/A
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	Services adolescent girls

Clinic Name	Minnesota Adult & Teen Challenge
City	Duluth
Street Address	1 E 1st St Ste 100
State	MN
Phone	(218)529-3733
Fax	(218)740-4330
Email	
Website	http://www.mntc.org/campus/northlan
Referral Method	Self and Medical Provider referrals are welcome.
Insurance Details	Accepts most major insurances providers. However, long-term treatment program (approximately 13 months) is often not covered by insurance. The outpatient portion of treatment is often covered by insurance. The treatment program is typically on a self-pay or county pay basis.
Ely Area	<input type="checkbox"/>
Notes	<p>Minnesota Adult & Teen Challenge is bringing hope to those adult men battling substance addiction. The Duluth Campus offers two different programs:</p> <p>Long-Term Program is a 13+ month faith-based residential program</p> <p>Licensed (Rule 31) Outpatient Treatment Program providing integrated, co-occurring substance treatment and mental health services.</p> <p>Mental health services are not offered but clients can seek services with Essentia Health or Nystrom.</p> <p>No work release program is offered. Clients can have visitors twice a week and are able to leave if granted passes.</p> <p>For admissions and to request an application, contact Nicole Nelson.</p>

Clinic Name	North Homes Children & Family Services
City	Duluth
Street Address	324 W Superior St Ste 400
State	MN
Phone	(218)733-3000
Fax	
Email	
Website	http://www.northhomesinc.org/
Referral Method	Referrals can be made via phone by the person or guardian of the person seeking services, social workers or hospital staff.
Insurance Details	Accepts most major insurances. Grant funding may be available for those without insurance, despite household income.
Ely Area	<input type="checkbox"/>
Notes	<p>North Homes Children and Family Services is a private, nonprofit agency that provides comprehensive services to children and families in Minnesota.</p> <p>There are five locations that include Grand Rapids, Bemidji, Duluth, Deer River, and Big Lake. Currently, North Homes provides numerous programs in the areas of foster care, adoption, in-home family services, CTSS, residential treatment, outpatient chemical dependency, outpatient mental health, medication management, family group conferencing, next step transitional services into adulthood, ITASKIN Center with a stabilization shelter, 35 day evaluation program, secure detention, and 90 day intensive residential treatment in Grand Rapids and Bemidji.</p> <p>Therapy and CTSS services can be provided in Ely dependent on the availability of their employees.</p> <p>Their Duluth location provides foster care, therapy and CTSS services. Residential services are located in Grand Rapids and Bemidji.</p> <p>North Homes also offers services for youth at risk for sex-trafficking. Grant funding is available and youth must be classified at risk, they do not need have fallen victim to trafficking. Primary insurance providers do not need to be notified of a client using these services.</p>

Clinic Name	Oshki Manidoo
City	Bemidji
Street Address	1741 15th St NW
State	MN
Phone	(218)751-1846
Fax	(218)751-1846
Email	
Website	http://oshkimanidoo.com/
Referral Method	Referrals can be self or by medical professionals. You can call for a admissions packet or find the information online at their website. Admissions packet can be faxed or emailed back. For admissions information and availability contact Naomi Earle at 218-751-6553 x 6203
Insurance Details	Accepting of most private insurances. Also accepting of county funding and tribal consolidated funding. If they are considered out of network with an insurance provider, a client may need prior authorization from their insurance.
Ely Area	<input type="checkbox"/>
Notes	The Oshki Manidoo Center is a culturally specific treatment program for Native American and non-Native American youth and women. Program emphasis includes substance use disorder, cultural foundations, physical wellness and strengthening family connections. OMC employs qualified staff trained in a variety of substance use, cultural competency and living skills. Oshki Manidoo's main goal is to keep the people we serve, sober and provide the tools needed to maintain sobriety when returning to their community. The women's treatment center offers on-site day care and welcomes children after a period of time in order to keep families together. Pregnant women who are IV users are moved to the top of the list, and on average there is a waitlist of 30 women. Mental health services are offered and are considered an outpatient services. A rule 25 assessment done within the past 45 days is required to be on file for admissions.

Clinic Name	Prairie St Johns
City	Fargo
Street Address	510 4th St S
State	ND
Phone	(701)476-7200
Fax	
Email	
Website	http://prairie-stjohns.com/
Referral Method	Referrals can be done by an individual, caregiver or medical personnel. Contact Prairie St Johns for a needs assessment and bed availability.
Insurance Details	It is best to contact Prairie St Johns to verify insurance acceptance with their insurance counselors.
Ely Area	<input type="checkbox"/>
Notes	<p>Founded in 1997, Prairie St. John's is a fully-licensed and accredited 110-inpatient bed facility offering services for children, adolescents and adults to address mental health issues, substance use addiction or co-occurring disorders. Prairie offers a full psychiatric and addiction Continuum of Care. This Continuum of Care includes inpatient hospitalization, partial hospitalization (day treatment), residential treatment, intensive outpatient services and clinic services. While many patients are from the Fargo, ND, Moorhead, MN, and surrounding areas, they also serve individuals and their families from throughout Minnesota, North Dakota and other states. They also work with local Ronald McDonald housing facilities to assist families with long term stay needs. Prairie St. John's works closely with patients, their families, agency representatives, insurance companies, EAPs and managed care providers to determine all possible payment options. They are an approved provider for most major insurance companies and managed care plans. In addition, they will accept personal payment for services by individuals who either do not have insurance or do not want to use their insurance. A financial counselor will meet with you to determine funding options. They welcome referrals by medical or mental healthcare givers, case managers, employee assistance programs, family members, community agencies, hospitals, clergy, friends and patients themselves.</p>

Clinic Name	Range Mental Health
City	Virginia
Street Address	624 S 13th St
State	MN
Phone	(218)749-2881
Fax	(218)749-3806
Email	
Website	http://rangementalhealth.org/
Referral Method	Referrals would be made by the individual doing the assessment or by self referrals. If assessment has been completed by another agency, it can be sent to RMH with proper consent forms. The practitioner can contact intake at 218-749-2881 to make referral.
Insurance Details	Accepts most major insurances
Ely Area	<input checked="" type="checkbox"/>
Notes	<p>The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.</p> <p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <p>Exceeding the expectations of the clients and communities they serve.</p> <p>Each client's ability to reach his or her highest level of independence.</p> <p>Delivering quality services.</p> <p>Mutual respect for each client, employee, and services provided.</p> <p>Accountability, integrity, and problem solving with flexibility and openness to change.</p>

Clinic Name	Thunderbird Wren Halfway House
City	Duluth
Street Address	229 N 4th Ave W
State	MN
Phone	(218)727-7699
Fax	(218)727-1476
Email	
Website	http://www.miprtc.com/thunderbirdwr
Referral Method	referral from chemical dependency assessor
Insurance Details	Native American adults
Ely Area	<input type="checkbox"/>
Notes	<p>The Mash-ka-wisen Treatment Center provides inpatient treatment services to adult Native Americans who are suffering from alcohol and/or drug abuse addictions. They do accept some 16 and 17 year old clients on case by case basis. The program takes an eclectic approach to meeting the client's needs to maintain sobriety. Clients are given opportunities to learn about their addiction and the recovery process. Clients are also invited to explore Native American Culture and Tradition through the use of traditional practices and ceremonies. Other services that are available for clients are nursing and psychological services as needed.</p>

Clinic Name	Woodland Hills
City	Duluth
Street Address	4321 Allendale Ave
State	MN
Phone	(218)728-7500
Fax	(218)728-7501
Email	
Website	http://www.woodlandhills.org/home.p
Referral Method	email/phone
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	Woodland Hills, located in Duluth, Minnesota, is dedicated to empowering, healing and teaching responsibility to children and adolescents. The multi-faceted agency provides a continuum of services for young people that promote behavioral, mental and chemical health as well as physical well-being. With over a century of experience, this private non-profit agency continues its mission of providing unwavering hope and opportunity for youth, families and communities. Woodland hills is a contracted provider for a number of private and public insurances with proper authorization.

Child Therapy Services

Clinic Name	CBHS Adult & Family Counseling	
City	Virginia	
Street Address	326 Chestnut St	
State	MN	
Zip	55792	
Phone	(218)248-6400	
Fax		
Email	thejourney@therockhhc.com	
Website	http://www.cbhsweb.com/	
Referral Method	Referrals can come in the form of a self or professional referral.	
Insurance Details	At this time medicare is not accepted. Most major insurances are accepted.	
Ely Area	<input checked="" type="checkbox"/> Child Therapy	<input checked="" type="checkbox"/>
<p>CBHS (Children's Behavioral Health Services) offers client specific therapy approaches. We create and implement client specific treatment plans with the client's involvement. CBHS offers individual and family sessions. CBHS offers Children's Therapeutic Support Services in the form of skills training for individuals/families. We incorporate group skills for children and adolescents when applicable within our RockStars program. CBHS takes a client centered approach. The CBHS team is trained in offering a wide spectrum of crisis services. CBHS offers a confidential, warm environment during times of crisis while giving hope to families. Individual and family therapy and skills as well as mental health crisis services are available to clients in the Ely area. Services can be provided in the home.</p>		

Clinic Name	Creative Solutions Counseling
City	Hibbing
Street	2900 East Beltline Hwy
State	MN
Zip	55746
Phone	(218)263-6789
Fax	
Email	
Website	http://www.creativesolutionscounselin
Referral Method	self
Insurance Details	They serve all clients regardless of inability to pay. Discounts are available and they do accept some insurances. Please discuss with your individual therapist who can provide more information.
Ely Area	<input type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	Creative Solutions Counseling for Kids provides long and short term psychotherapy for children, teens and their families in the treatment of behavior problems, attachment disorder, depression, anxiety, autism, parent-child and peer relationship issues, grief/loss, trauma, crisis counseling and management, chemical dependency and more.

Clinic Name	Essentia Health - Amberwing
City	Duluth
Street Address	6152 Pecan Ave MN
State	55811
Postal Code	(218)355-2100
Phone	
Fax	
Email	amberwing@essentiahealth.org
Website	www.amberwing.org
Referral Method	Clients and caregivers can contact them to do an initial intake interview. A doctor's referral is required for admission.
Insurance Details	Accepts most major insurance providers.
Ely Area	<input type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	Amberwing - Center for Youth & Family Well-Being was created by the Miller-Dwan Foundation to provide the greatest level of compassion and skill, in the most welcoming of healing environments. Set in a restful wooded area, Amberwing brings together the combined resources of a community philanthropy and a health system to create a national model for effective mental health care. This is a day treatment program and also offers DBT skills aftercare for families via weekly meetings. No residential services on-site.

Clinic Name	Essentia Health–Duluth Clinic 2nd Street Building
City	Duluth
Street Address	502 East 2nd Street
State	MN
Postal Code	55805
Phone	(218)786-1186
Fax	
Email	
Website	www.essentiahealth.org
Referral Method	Self or Guardian referrals are welcome. Terri Maki is the intake coordinator and can be reached at 218-786-1729. A referral from an Essentia Health provider is required for services to be received.
Insurance Details	Accepting of most major insurance providers
Ely Area	<input type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	<p>Behavioral and mental health services at Essentia Health- 2nd Street support you in achieving emotional, physical, spiritual and intellectual balance and well-being. Counseling services are offered to discuss life-challenges while promoting independence and responsibility. At this location they also offer medication management and psychological testing. No telemedicine is offered at this time. Services also included are: chronic pain, health related depression and insomnia.</p> <p>In the future, an autism clinic geared toward youth will be offered.</p> <p>Services Providers at this location include:</p> <p>Othmane Alami, Jayme Bork, Babuji Gandra, Michael Messer, Elena Metcalf, Jennifer Nelson Albee, Barbara Boehm, Kathy Busick, Julianne Davis, Nicole Harriman, Laura Hoffarth, Cindy Kellett, Rhonda Krossner, Nancy LeRoux, Michaela Mayfield, John McBride, Nicholas Navarro, Katie Onofreychuk, Paul Remark, Lisa Streefland, Therese Sundberg</p>

Clinic Name	Fairview Range
City Street	Hibbing
Address	3605 Mayfair Ave
State	MN
Postal Code	55747
Phone	(866)806-7139
Fax	
Email	
Website	http://www/range.fairview.org
ReferralMethod	phone
InsuranceDetails	most insurances accepted
Ely Area	<input type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	At Fairview Mesaba Clinic - Hibbing, outpatient mental health treatments and counseling programs are available to serve the community.

Clinic Name	Greater MN Family Services
City	Ely
StreetAddress	34 S 2nd Ave E Ste 203
State	MN
Postal Code	55731
Phone	(218)235-8582
Fax	
Email	kflynn@greaterminnesota.org
Website	http://www.greaterminnesota.org/
Referral Method	self
Insurance Details	The primary funding mechanism for program services is Medical Assistance (MA) or one of the state prepaid MA plans (PMAPs, such as Primewest, Medica, and Blue Plus). Families eligible for MA are able to access these services for their child and family, and the services take place in their home, school, or community program rather than a typical outpatient clinic setting.
Ely Area	<input checked="" type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	By working with the family's strengths and being available when a family crisis arises - day or night - the in-home Counselors can support the family, and help identify options and resources to maintain the family circle. When children are placed out of the home, it is not because families are unwilling to change, but because community resources have not had the time or intensity of services to help the children have successful experiences in their homes and communities.

Clinic Name	Human Development Center
City	Duluth
StreetAddress	1401 E First St
State	MN
Postal Code	55805
Phone	(218)728-4491
Fax	
Email	
Website	https://www.humandevelopmentcente
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	HDC's mission is to lead their communities by providing integrated, culturally respectful mental health and addiction services that foster hope, self-determination, and recovery. Their focus on serving those most in need improves the quality of life for all.

Clinic Name	Nystrom & Associates
City	Duluth
Address	322 W Superior St
State	MN
Postal Code	55802
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Referral Method	Referrals can be made online or via fax. Client or practitioner can send in a referral. When a referral is made by an outside source, Nystroms will make three attempts to contact the referred client.
Insurance Details	Most major insurances are accepted, however some of their providers do not take medicare. It is best to check with Nystrom's financial workers when scheduling an appointment. CTSS Services are covered by private insurance, however the mileage costs fall on the family would be approximately \$118.00 one way between Ely and Duluth.
Ely Area	<input checked="" type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.

Clinic Name	Residential Services of NE MN
City	Virginia
Street Address	108 S 5th Ave
State	MN
Postal Code	55792
Phone	(218)741-7270
Fax	(218)741-7277
Email	info@residentialservices.org
Website	http://residentialservices.org/
ReferralMethod	Referrals can be made via self or professionals. Form can be found online.
InsuranceDetails	Accepts most major insurances.
Ely Area	<input type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	<p>RSI was founded on the belief that anyone with any level of disability can be supported successfully in the community and that continues to guide everything they do.</p> <p>They strive to provide innovative supports that allow people with disabilities to live meaningful lives. Person-centered care is the basis for many of the supports offered. They encourage goals and dreams and create individualized supports to help clients achieve them.</p> <p>The idea of home is a key part of their services. That means providing settings where clients feel comfortable and secure. They take the time to get to know the people they serve because they believe that is the only way to truly meet their needs.</p> <p>An example of this in action is Positive Behavior Support, a strategy that involves understanding and eliminating the rewards for negative behavior. They then create positive behavior supports, which are tailored to each client.</p> <p>From assistive technology to nursing care, their services are designed to help clients live the lifestyle they want. By focusing on innovation and quality, they support people with disabilities in achieving their desires for years to come. They accept most insurances, including Medical Assistance, and offer a sliding fee scale and acceptable payment arrangements. Billing information can be found on their website.</p>

Clinic Name	Vieau Counseling
City	Hibbing
Street Address	302 E Howard St
State	MN
Postal Code	55743
Phone	(218)235-1703
Fax	(218)440-1278
Email	
Website	
Referral Method	self/fax
Insurance Details	Vieau Counseling accepts most insurance. Medical Assistance will cover home visits for services.
Ely Area	<input checked="" type="checkbox"/> Child Therapy <input checked="" type="checkbox"/>
Notes	Trauma informed counseling services. Serving children, individuals, couples and families in the Hibbing, Virginia and Ely areas.

Couples Therapy Service Providers

Clinic Name	Accend Services
Street Address	101 W 2nd St
City	Duluth
State	MN
Postal Code	55802
Phone	(218)724-3122
Fax	(218)724-4041
Email	
Website	http://accendservices.com/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>Accend Services provides a variety of high quality mental health counseling, intervention, case management, advocacy, & rehabilitative services to adults, children & their families.</p> <p>Their mission is to build partnerships in their communities and with their clients to provide responsive, & client-centered services that restore health & maximize quality of life, independence & functioning.</p>
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	CBHS Adult & Family Counseling
Street Address	326 Chestnut St
City	Virginia
State Postal	MN
Code	55792
Phone	(218)248-6400
Fax	
Email	thejourney@therockhhc.com
Website R	http://www.cbhsweb.com/
Referral Method	Referrals can come in the form of a self or professional referral.
Insurance Details	At this time medicare is not accepted. Most major insurances are accepted.
Ely Area	<input checked="" type="checkbox"/>
Notes	CBHS (Children's Behavioral Health Services) offers client specific therapy approaches. We create and implement client specific treatment plans with the client's involvement. CBHS offers individual and family sessions. CBHS offers Children's Therapeutic Support Services in the form of skills training for individuals/families. We incorporate group skills for children and adolescents when applicable within our RockStars program. CBHS takes a client centered approach. The CBHS team is trained in offering a wide spectrum of crisis services. CBHS offers a confidential, warm environment during times of crisis while giving hope to families. Individual and family therapy and skills as well as mental health crisis services are available to clients in the Ely area. Services can be provided in the home.
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Duluth Institute
Street Address	104 W Superior St
City	Duluth
State Postal	MN
Code	55802
Phone	(218)727-7353
Fax	(218)727-2646
Email	
Website	www.duluthinstitute.com
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	The Duluth Institute, also known as The Institute for Psychological & Sexual Health, Inc., is committed to improving and enhancing the psychological and sexual health functioning of individuals and families in their community. They are a general mental health outpatient clinic. The Duluth Institute provides a complete range of psychological and mental health services through a model of treatment that focuses on rehabilitation and prevention as well as education and research.
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Fairview Range
Street Address	3605 Mayfair Ave
City	Hibbing
State Postal	MN
Code	55747
Phone	(866)806-7139
Fax	
Email	
Website	http://www/range.fairview.org
Referral Method	phone
Insurance Details	most insurances accepted
Ely Area	<input type="checkbox"/>
Notes	At Fairview Mesaba Clinic - Hibbing, outpatient mental health treatments and counseling programs are available to serve the community.
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Greater MN FamilyServices
Street Address	34 S 2nd Ave E Ste 203
City	Ely
State	MN
PostalCode	55731
Phone	(218)235-8582
Fax	
Email	kflynn@greaterminnesota.org
Website	http://www.greaterminnesota.org/
Referral Method	self
Insurance Details	The primary funding mechanism for program services is Medical Assistance (MA) or one of the state prepaid MA plans (PMAPs, such as Primewest, Medica, and Blue Plus). Families eligible for MA are able to access these services for their child and family, and the services take place in their home, school, or community program rather than a typical outpatient clinic setting.
Ely Area	<input checked="" type="checkbox"/>
Notes	By working with the family's strengths and being available when a family crisis arises - day or night - the in-home Counselors can support the family, and help identify options and resources to maintain the family circle. When children are placed out of the home, it is not because families are unwilling to change, but because community resources have not had the time or intensity of services to help the children have successful experiences in their homes and communities.
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Human Development Center
Street Address	1401 E First St
City	Duluth
State	MN
PostalCode	55805
Phone	(218)728-4491
Fax	
Email	
Website	https://www.humandevelopmentcente
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	HDC's mission is to lead their communities by providing integrated, culturally respectful mental health and addiction services that foster hope, self-determination, and recovery. Their focus on serving those most in need improves the quality of life for all.
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Moving Waters Counseling
Street Address	324 W Superior St Ste 1121
City	Duluth
State	MN
PostalCode	55802
Phone	(218)722-1920
Fax	
Email	info @ movingwaterscounseling.com
Website	http://www.movingwaterscounseling.c
Referral Method	
Insurance Details	<p>Moving Waters accepts insurance, and is considered "In-Network" with several companies. They will be happy to call your insurance company to check on your exact share of the payment. Please contact the office if you'd like your insurance verified.</p> <p>Payments are also acceptable with cash, check or credit card.</p>
Ely Area	<input type="checkbox"/>
Notes	Moving Waters offers a free 15 minute phone consultation to see if the services would be a good fit for your needs. Dustin Holden has received training in both traditional and holistic approaches to counseling.
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	North Homes Children & Family Services
Street Address	324 W Superior St Ste 400
City	Duluth
State	MN
Postal Code	55802
Phone	(218)733-3000
Fax	
Email	
Website	http://www.northhomesinc.org/
Referral Method	Referrals can be made via phone by the person or guardian of the person seeking services, social workers or hospital staff.
Insurance Details	Accepts most major insurances. Grant funding may be available for those without insurance, despite household income.
Ely Area	<input type="checkbox"/>
Notes	<p>North Homes Children and Family Services is a private, nonprofit agency that provides comprehensive services to children and families in Minnesota.</p> <p>There are five locations that include Grand Rapids, Bemidji, Duluth, Deer River, and Big Lake. Currently, North Homes provides numerous programs in the areas of foster care, adoption, in-home family services, CTSS, residential treatment, outpatient chemical dependency, outpatient mental health, medication management, family group conferencing, next step transitional services into adulthood, ITASKIN Center with a stabilization shelter, 35 day evaluation program, secure detention, and 90 day intensive residential treatment in Grand Rapids and Bemidji.</p> <p>Therapy and CTSS services can be provided in Ely dependent on the availability of their employees.</p> <p>Their Duluth location provides foster care, therapy and CTSS services.</p> <p>Residential services are located in Grand Rapids and Bemidji.</p> <p>North Homes also offers services for youth at risk for sex-trafficking. Grant funding is available and youth must be classified at risk, they do not need have fallen victim to trafficking. Primary insurance providers do not need to be notified of a client using these services.</p>
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Nystrom & Associates
Street Address	322 W Superior St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Referral Method	Referrals can be made online or via fax. Client or practitioner can send in a referral. When a referral is made by an outside source, Nystroms will make three attempts to contact the referred client.
Insurance Details	Most major insurances are accepted, however some of their providers do not take medicare. It is best to check with Nystrom's financial workers when scheduling an appointment. CTSS Services are covered by private insurance, however the mileage costs fall on the family would be approximately \$118.00 one way between Ely and Duluth.
Ely Area	<input checked="" type="checkbox"/>
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Prairie St Johns
Street Address	510 4th St S
City	Fargo
State	ND
PostalCode	58103
Phone	(701)476-7200
Fax	
Email	
Website	http://prairie-stjohns.com/
Referral Method	Referrals can be done by an individual, caregiver or medical personnel. Contact Prairie St Johns for a needs assessment and bed availability.
Insurance Details	It is best to contact Prairie St Johns to verify insurance acceptance with their insurance counselors.
Ely Area	<input type="checkbox"/>
Notes	<p>Founded in 1997, Prairie St. John's is a fully-licensed and accredited 110-inpatient bed facility offering services for children, adolescents and adults to address mental health issues, substance use addiction or co-occurring disorders. Prairie offers a full psychiatric and addiction Continuum of Care. This Continuum of Care includes inpatient hospitalization, partial hospitalization (day treatment), residential treatment, intensive outpatient services and clinic services. While many patients are from the Fargo, ND, Moorhead, MN, and surrounding areas, they also serve individuals and their families from throughout Minnesota, North Dakota and other states. They also work with local Ronald McDonald housing facilities to assist families with long term stay needs. Prairie St. John's works closely with patients, their families, agency representatives, insurance companies, EAPs and managed care providers to determine all possible payment options. They are an approved provider for most major insurance companies and managed care plans. In addition, they will accept personal payment for services by individuals who either do not have insurance or do not want to use their insurance. A financial counselor will meet with you to determine funding options. They welcome referrals by medical or mental healthcare givers, case managers, employee assistance programs, family members, community agencies, hospitals, clergy, friends and patients themselves.</p>
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Range Mental Health
Street Address	624 S 13th St Virginia
City	MN
State	55792
PostalCode	(218)749-2881
Phone	(218)749-3806
Fax	
Email	http://rangementalhealth.org/
Website	Referrals would be made by the individual doing the assessment or by self referrals. If assessment has been completed by another agency, it can be sent to RMH with proper consent forms. The practitioner can contact intake at 218-749-2881 to make referral.
Referral Method	Accepts most major insurances
Insurance Details	<input checked="" type="checkbox"/>
Ely Area	The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.
Notes	<p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <p>Exceeding the expectations of the clients and communities they serve.</p> <p>Each client's ability to reach his or her highest level of independence.</p> <p>Delivering quality services.</p> <p>Mutual respect for each client, employee, and services provided.</p> <p>Accountability, integrity, and problem solving with flexibility and openness to change.</p>
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Residential Services of NE MN
Street Address	108 S 5th Ave
City	Virginia
State	MN
PostalCode	55792
Phone	(218)741-7270
Fax	(218)741-7277
Email	info@residentialservices.org
Website	http://residentialservices.org/
Referral Method	Referrals can be made via self or professionals. Form can be found online.
Insurance Details	Accepts most major insurances.
Ely Area	<input type="checkbox"/>
Notes	<p>RSI was founded on the belief that anyone with any level of disability can be supported successfully in the community and that continues to guide everything they do.</p> <p>They strive to provide innovative supports that allow people with disabilities to live meaningful lives. Person-centered care is the basis for many of the supports offered. They encourage goals and dreams and create individualized supports to help clients achieve them.</p> <p>The idea of home is a key part of their services. That means providing settings where clients feel comfortable and secure. They take the time to get to know the people they serve because they believe that is the only way to truly meet their needs.</p> <p>An example of this in action is Positive Behavior Support, a strategy that involves understanding and eliminating the rewards for negative behavior. They then create positive behavior supports, which are tailored to each client.</p> <p>From assistive technology to nursing care, their services are designed to help clients live the lifestyle they want. By focusing on innovation and quality, they support people with disabilities in achieving their desires for years to come. They accept most insurances, including Medical Assistance, and offer a sliding fee scale and acceptable payment arrangements. Billing information can be found on their website.</p>
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Solutions Behavioral Healthcare
Street Address	891 Belsley Rd
City	Moorhead
State	MN
PostalCode	56560
Phone	(218)287-4338
Fax	(218)287-5928
Email	
Website	http://www.solutionsinpractice.org/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>SOLUTIONS Behavioral Healthcare Professionals is a 501(c)(3) non-profit agency formed in 1999 by a small group of professionals who were committed to making a difference in the lives of individuals struggling with mental health problems. The emphasis was on providing quality, accessible services, and meeting unmet needs in the community.</p> <p>As a licensed mental health clinic, SOLUTIONS voluntarily adheres to state quality assurance standards and actively promotes the use of evidence-based interventions in the provision of services. SOLUTIONS accepts most insurances.</p>
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	SpearePsychological
Street Address	3100 Lincoln Bldg
City	Virginia
State	MN
PostalCode	
Phone	(218)741-3740
Fax	
Email	
Website	http://jonathanspeare.com/
Referral Method	self
Insurance Details	Most insurances are accepted, however marriage/couples therapy typically isn't a covered service. It is recommended you check with your insurance company to see what therapy services are covered. He is an in-network provider for most insurance companies, HMOs, and PPOs serving the Iron Range, including Medicare, MinnesotaCare, and Medical Assistance. If necessary, financial arrangements are available.
Ely Area	<input type="checkbox"/>
Notes	Dr Speare has a wide variety of interests and training in the field of psychotherapy, with an emphasis on the treatment of anxiety, trauma, and depression. He uses traditional, empirically validated treatments in his practice primarily but also incorporate more non-traditional, innovative approaches. Because he doesn't believe in a one-size-fits-all approach, he has obtained advanced training in many different therapeutic methods. Clients are over the age of 18. There may be a wait list to receive services.
Couples Therapy	<input checked="" type="checkbox"/>

Clinic Name	Vieau Counseling
Street Address	302 E Howard St
City	Hibbing
State	MN
PostalCode	55743
Phone	(218)235-1703
Fax	(218)440-1278
Email	
Website	
Referral Method	self/fax
Insurance Details	Vieau Counseling accepts most insurance. Medical Assistance will cover home visits for services.
Ely Area	<input checked="" type="checkbox"/>
Notes	Trauma informed counseling services. Serving children, individuals, couples and families in the Hibbing, Virginia and Ely areas.
Couples Therapy	<input checked="" type="checkbox"/>

CTSS In Home Service Providers

Clinic Name	Accend Services
Street Address	101 W 2nd St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)724-3122
Fax	(218)724-4041
Email	
Website	http://accendservices.com/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>Accend Services provides a variety of high quality mental health counseling, intervention, case management, advocacy, & rehabilitative services to adults, children & their families.</p> <p>Their mission is to build partnerships in their communities and with their clients to provide responsive, & client-centered services that restore health & maximize quality of life, independence & functioning.</p>
CTSS - Home	<input checked="" type="checkbox"/>

Clinic Name	CBHS Adult & Family Counseling
Street Address	326 Chestnut St
City	Virginia
State	MN
PostalCode	55792
Phone	(218)248-6400
Fax	
Email	thejourney@therockhhc.com
Website	http://www.cbhsweb.com/
Referral Method	Referrals can come in the form of a self or professional referral.
Insurance Details	At this time medicare is not accepted. Most major insurances are accepted.
Ely Area	<input checked="" type="checkbox"/>
Notes	CBHS (Children's Behavioral Health Services) offers client specific therapy approaches. We create and implement client specific treatment plans with the client's involvement. CBHS offers individual and family sessions. CBHS offers Children's Therapeutic Support Services in the form of skills training for individuals/families. We incorporate group skills for children and adolescents when applicable within our RockStars program. CBHS takes a client centered approach. The CBHS team is trained in offering a wide spectrum of crisis services. CBHS offers a confidential, warm environment during times of crisis while giving hope to families. Individual and family therapy and skills as well as mental health crisis services are available to clients in the Ely area. Services can be provided in the home.
CTSS - Home	<input checked="" type="checkbox"/>

Clinic Name	Greater MN FamilyServices
Street Address	34 S 2nd Ave E Ste 203
City	Ely
State	MN
PostalCode	55731
Phone	(218)235-8582
Fax	
Email	kflynn@greaterminnesota.org
Website	http://www.greaterminnesota.org/
Referral Method	self
Insurance Details	The primary funding mechanism for program services is Medical Assistance (MA) or one of the state prepaid MA plans (PMAPs, such as Primewest, Medica, and Blue Plus). Families eligible for MA are able to access these services for their child and family, and the services take place in their home, school, or community program rather than a typical outpatient clinic setting.
Ely Area	<input checked="" type="checkbox"/>
Notes	By working with the family's strengths and being available when a family crisis arises - day or night - the in-home Counselors can support the family, and help identify options and resources to maintain the family circle. When children are placed out of the home, it is not because families are unwilling to change, but because community resources have not had the time or intensity of services to help the children have successful experiences in their homes and communities.
CTSS - Home	<input checked="" type="checkbox"/>

Clinic Name	North Homes Children & Family Services
Street Address	324 W Superior St Ste 400
City	Duluth
State	MN
PostalCode	55802
Phone	(218)733-3000
Fax	
Email	
Website	http://www.northhomesinc.org/
Referral Method	Referrals can be made via phone by the person or guardian of the person seeking services, social workers or hospital staff.
Insurance Details	Accepts most major insurances. Grant funding may be available for those without insurance, despite household income.
Ely Area	<input type="checkbox"/>
Notes	<p>North Homes Children and Family Services is a private, nonprofit agency that provides comprehensive services to children and families in Minnesota.</p> <p>There are five locations that include Grand Rapids, Bemidji, Duluth, Deer River, and Big Lake. Currently, North Homes provides numerous programs in the areas of foster care, adoption, in-home family services, CTSS, residential treatment, outpatient chemical dependency, outpatient mental health, medication management, family group conferencing, next step transitional services into adulthood, ITASKIN Center with a stabilization shelter, 35 day evaluation program, secure detention, and 90 day intensive residential treatment in Grand Rapids and Bemidji.</p> <p>Therapy and CTSS services can be provided in Ely dependent on the availability of their employees.</p> <p>Their Duluth location provides foster care, therapy and CTSS services.</p> <p>Residential services are located in Grand Rapids and Bemidji.</p> <p>North Homes also offers services for youth at risk for sex-trafficking. Grant funding is available and youth must be classified at risk, they do not need have fallen victim to trafficking. Primary insurance providers do not need to be notified of a client using these services.</p>
CTSS - Home	<input checked="" type="checkbox"/>

Clinic Name	Nystrom & Associates
Street Address	322 W Superior St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Referral Method	Referrals can be made online or via fax. Client or practitioner can send in a referral. When a referral is made by an outside source, Nystroms will make three attempts to contact the referred client.
Insurance Details	Most major insurances are accepted, however some of their providers do not take medicare. It is best to check with Nystrom's financial workers when scheduling an appointment. CTSS Services are covered by private insurance, however the mileage costs fall on the family would be approximately \$118.00 one way between Ely and Duluth.
Ely Area	<input checked="" type="checkbox"/>
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.
CTSS - Home	<input checked="" type="checkbox"/>

Clinic Name	Range Mental Health
Street Address	624 S 13th St Virginia
City	MN
State	55792
PostalCode	(218)749-2881
Phone	(218)749-3806
Fax	
Email	http://rangementalhealth.org/
Website	Referrals would be made by the individual doing the assessment or by self referrals. If assessment has been completed by another agency, it can be sent to RMH with proper consent forms. The practitioner can contact intake at 218-749-2881 to make referral.
Referral Method	Accepts most major insurances
Insurance Details	<input checked="" type="checkbox"/>
Ely Area	The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.
Notes	<p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <p>Exceeding the expectations of the clients and communities they serve.</p> <p>Each client's ability to reach his or her highest level of independence.</p> <p>Delivering quality services.</p> <p>Mutual respect for each client, employee, and services provided.</p> <p>Accountability, integrity, and problem solving with flexibility and openness to change.</p>
	<input checked="" type="checkbox"/>

CTSS - Home

Clinic Name	Solutions Behavioral Healthcare
Street Address	891 Belsley Rd
City	Moorhead
State	MN
PostalCode	56560
Phone	(218)287-4338
Fax	(218)287-5928
Email	
Website	http://www.solutionsinpractice.org/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>SOLUTIONS Behavioral Healthcare Professionals is a 501(c)(3) non-profit agency formed in 1999 by a small group of professionals who were committed to making a difference in the lives of individuals struggling with mental health problems. The emphasis was on providing quality, accessible services, and meeting unmet needs in the community.</p> <p>As a licensed mental health clinic, SOLUTIONS voluntarily adheres to state quality assurance standards and actively promotes the use of evidence-based interventions in the provision of services. SOLUTIONS accepts most insurances.</p>
CTSS - Home	<input checked="" type="checkbox"/>

Clinic Name	St Louis County
Street Address	320 Miners Drive E
City	Ely
State	MN
PostalCode	55731
Phone	(218)365-8200
Fax	
Email	
Website	www.stlouiscountymn.org
Referral Method	self
Insurance Details	
Ely Area	<input checked="" type="checkbox"/>
Notes	St Louis County provides information and referral services as well as case management for both adults and children.
CTSS - Home	<input checked="" type="checkbox"/>

Clinic Name	Woodland Hills
Street Address	4321 Allendale Ave
City	Duluth
State	MN
PostalCode	55803
Phone	(218)728-7500
Fax	(218)728-7501
Email	
Website	http://www.woodlandhills.org/home.p
Referral Method	email/phone
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	Woodland Hills, located in Duluth, Minnesota, is dedicated to empowering, healing and teaching responsibility to children and adolescents. The multi-faceted agency provides a continuum of services for young people that promote behavioral, mental and chemical health as well as physical well-being. With over a century of experience, this private non-profit agency continues its mission of providing unwavering hope and opportunity for youth, families and communities. Woodland Hills is a contracted provider for a number of private and public insurances with proper authorization.
CTSS - Home	<input checked="" type="checkbox"/>

CTSS School Based Services

Clinic Name	Accend Services
Street Address	101 W 2nd St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)724-3122
Fax	(218)724-4041
Email	
Website	http://accendservices.com/
Ely Area	<input type="checkbox"/>
CTSS - School	<input checked="" type="checkbox"/>
Notes	<p>Accend Services provides a variety of high quality mental health counseling, intervention, case management, advocacy, & rehabilitative services to adults, children & their families.</p> <p>Their mission is to build partnerships in their communities and with their clients to provide responsive, & client-centered services that restore health & maximize quality of life, independence & functioning.</p>

Clinic Name	Greater MN Family Services
Street Address	34 S 2nd Ave E Ste 203
City	Ely
State	MN
PostalCode	55731
Phone	(218)235-8582
Fax	
Email	kflynn@greaterminnesota.org
Website	http://www.greaterminnesota.org/
Ely Area	<input checked="" type="checkbox"/>
CTSS - School	<input checked="" type="checkbox"/>
Notes	<p>By working with the family's strengths and being available when a family crisis arises - day or night - the in-home Counselors can support the family, and help identify options and resources to maintain the family circle. When children are placed out of the home, it is not because families are unwilling to change, but because community resources have not had the time or intensity of services to help the children have successful experiences in their homes and communities.</p>

Clinic	Human Development Center
Street Address	1401 E First St
City	Duluth
State	MN
PostalCode	55805
Phone	(218)728-4491
Fax	
Email	
Website	https://www.humandevelopmentcente
Ely Area	<input type="checkbox"/>
CTSS - School	<input checked="" type="checkbox"/>
Notes	HDC's mission is to lead their communities by providing integrated, culturally respectful mental health and addiction services that foster hope, self-determination, and recovery. Their focus on serving those most in need improves the quality of life for all.

Clinic	North Homes Children & Family Services
Street Address	324 W Superior St Ste 400
City	Duluth
State	MN
PostalCode	55802
Phone	(218)733-3000
Fax	
Email	
Website	http://www.northhomesinc.org/
Ely Area	<input type="checkbox"/>
CTSS - School	<input checked="" type="checkbox"/>
Notes	<p>North Homes Children and Family Services is a private, nonprofit agency that provides comprehensive services to children and families in Minnesota.</p> <p>There are five locations that include Grand Rapids, Bemidji, Duluth, Deer River, and Big Lake. Currently, North Homes provides numerous programs in the areas of foster care, adoption, in-home family services, CTSS, residential treatment, outpatient chemical dependency, outpatient mental health, medication management, family group conferencing, next step transitional services into adulthood, ITASKIN Center with a stabilization shelter, 35 day evaluation program, secure detention, and 90 day intensive residential treatment in Grand Rapids and Bemidji.</p> <p>Therapy and CTSS services can be provided in Ely dependent on the availability of their employees.</p> <p>Their Duluth location provides foster care, therapy and CTSS services.</p> <p>Residential services are located in Grand Rapids and Bemidji.</p> <p>North Homes also offers services for youth at risk for sex-trafficking. Grant funding is available and youth must be classified at risk, they do not need have fallen victim to trafficking. Primary insurance providers do not need to be notified of a client using these services.</p>

Clinic	Nystrom & Associates
Street Address	322 W Superior St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Ely Area	<input checked="" type="checkbox"/>
CTSS - School	<input checked="" type="checkbox"/>
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.

Clinic	Range Mental Health
Street Address	624 S 13th St
City	Virginia
State	MN
PostalCode	55792
Phone	(218)749-2881
Fax	(218)749-3806
Email	
Website	http://rangementalhealth.org/
Ely Area	<input checked="" type="checkbox"/>
CTSS - School	<input checked="" type="checkbox"/>
Notes	<p>The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.</p> <p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <ul style="list-style-type: none"> Exceeding the expectations of the clients and communities they serve. Each client's ability to reach his or her highest level of independence. Delivering quality services. Mutual respect for each client, employee, and services provided. Accountability, integrity, and problem solving with flexibility and openness to change.

Disability Support

Clinic Name	Minnesota Help Info
Street Address	
City	
State	
PostalCode	
Phone	(800)333-2433
Fax	
Email	
Website	https://www.minnesotahelp.info/
Ely Area	<input type="checkbox"/>
Referral Method	
Insurance Details	
Notes	MinnesotaHelp.info® is brought to you by the State of Minnesota, and strives to connect people with services in their communities. The resource database found online contains information on the community services individuals and communities need to sustain and improve their daily lives--health care and childcare, job training, education and recreation, retirement, disability and social service information. This directory contains information on nonprofit and public health and human service programs and some for-profit programs such as housing.
Disability Support	<input checked="" type="checkbox"/>

Clinic Name	MN Association of Children's Mental Health
Street Address	165 Western Ave N Ste 2
City	St Paul
State	MN
PostalCode	55102
Phone	(800)528-4511
Fax	(651)644-7391
Email	info@machmh.org
Website	www.machmh.org
Ely Area	<input type="checkbox"/>
Referral Method	self
Insurance Details	Not Applicable
Notes	Minnesota Association of Children's Mental Health's mission is to promote positive mental health for all infants, children, adolescents and their families. Their website provides a number of links to resources and trainings that may be of interest to community members, educators, parents and caregivers.
Disability Support	<input checked="" type="checkbox"/>

Clinic Name	PACER
Street Address	8161 Normandale Blvd
City	Bloomington
State	MN
PostalCode	55437
Phone	(952)838-9000
Fax	
Email	
Website	www.pacer.org
Ely Area	<input type="checkbox"/>
Referral Method	self
Insurance Details	Not Applicable
Notes	PACER Center is a parent and training information center for families of children and youth with all disabilities from birth to young adults. PACER provides training for interested families. PACER operates on the principles of parents helping parents, supporting families, promoting a safe environment for all children and working in collaboration with others. Their website is a wealth of fact sheets and additional resources.
Disability Support	<input checked="" type="checkbox"/>

Clinic Name	St Louis County
Street Address	320 Miners Drive E
City	Ely
State	MN
PostalCode	55731
Phone	(218)365-8200
Fax	
Email	
Website	www.stlouiscountymn.org
Ely Area	<input checked="" type="checkbox"/>
Referral Method	self
Insurance Details	
Notes	St Louis County provides informationa nd referral services as well as case management for both adults and children.
Disability Support	<input checked="" type="checkbox"/>

Clinic Name	The Arc Range
Street Address	PO Box 433
City	Eveleth
State	MN
PostalCode	55734
Phone	(218)750-1251
Fax	
Email	info@thearcrange.org
Website	http://thearcrange.org
Ely Area	<input checked="" type="checkbox"/>
Referral Method	self
Insurance Details	Not Applicable
Notes	The Arc Range is an organization that is dedicated to ensuring the full participation of people with intellectual and developmental disabilities in their community, and to improving their lives and the lives of their families. Programs and services include: advocacy and parent support, special education advocacy, information and referrals, workshops and trainings, parent mentoring, adult services including employment, work training, housing and residential options.
Disability Support	<input checked="" type="checkbox"/>

Eating Disorder Service Providers

Clinic Name	The Emily Program
Street Address	26 E Superior St Duluth
City	MN
State	55802
PostalCode	(218)722-4180
Phone	(218)722-4184
Fax	
Email	www.emilyprogram.com
Website	self/medical professional
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Eating Disorders	<input checked="" type="checkbox"/>

Education Support Services

Clinic Name	Autism Society of Minnesota
Street Address	2380 Wycliff St # 102
City	St Paul
State	MN
Postal Code	55114
Phone	(651)647-1083
Fax	
Email	info@ausm.org
Website	http://www.ausm.org
Referral Method	self
Insurance Details	Not Applicable
Ely Area	<input type="checkbox"/>
Notes	The Autism Society of Minnesota is a non-profit organization committed to education, advocacy and support designed to enhance the lives of those affected by autism from birth through retirement.
Education Support	<input checked="" type="checkbox"/>

Clinic Name	Family Voices of Minnesota
Street Address	
City	
State	
PostalCode	
Phone	(866)334-8444
Fax	
Email	P2P@familyvoicesmn.org
Website	http://www.familyvoicesofminnesota.o
Referral Method	self
Insurance Details	Parents raising children with disabilities
Ely Area	<input type="checkbox"/>
Notes	<p>Family Voices aims to achieve family-centered care for all children and youth with special health care needs and/or disabilities.</p> <p>Through it's state and national networks, Family Voices provide families tools to make informed decisions, advocate for improved public and private policies, build partnerships among professionals and families, and serve as a trusted resource on health care. In addition, Family Voices provides the following supports: Provides families information about community resources and supports</p> <p>Connects families of children with special health care needs and disabilities with one another</p> <p>Promotes patient and family-centered care including family and youth involvement in program and policy development, implementation and evaluation</p> <p>Promotes cultural competence across all systems</p> <p>Collaborates with other health and disability organizations and state agencies</p>
Education Support	<input checked="" type="checkbox"/>

Clinic Name	MN Association of Children's Mental Health
StreetAddress	165 Western Ave N Ste 2
City	St Paul
State	MN
PostalCode	55102
Phone	(800)528-4511
Fax	(651)644-7391
Email	info@machmh.org
Website	www.machmh.org
Referral Method	self
Insurance Details	Not Applicable
Ely Area	<input type="checkbox"/>
Notes	Minnesota Association of Children's Mental Health's mission is to promote positive mental health for all infants, children, adolescents and their families. Their website provides a number of links to resources and trainings that may be of interest to community members, educators, parents and caregivers.
Education Support	<input checked="" type="checkbox"/>

Clinic Name	PACER
StreetAddress	8161 Normandale Blvd
City	Bloomington
State	MN
PostalCode	55437
Phone	(952)838-9000
Fax	
Email	
Website	www.pacer.org
Referral Method	self
Insurance Details	Not Applicable
Ely Area	<input type="checkbox"/>
Notes	PACER Center is a parent and training information center for families of children and youth with all disabilities from birth to young adults. PACER provides training for interested families. PACER operates on the principles of parents helping parents, supporting families, promoting a safe environment for all children and working in collaboration with others. Their website is a wealth of fact sheets and additional resources.
Education Support	<input checked="" type="checkbox"/>

Clinic Name	The Arc Range
StreetAddress	PO Box 433
City	Eveleth
State	MN
PostalCode	55734
Phone	(218)750-1251
Fax	
Email	info@thearcrange.org
Website	http://thearcrange.org
Referral Method	self
Insurance Details	Not Applicable
Ely Area	<input checked="" type="checkbox"/>
Notes	<p>The Arc Range is an organization that is dedicated to ensuring the full participation of people with intellectual and developmental disabilities in their community, and to improving their lives and the lives of their families. Programs and services include: advocacy and parent support, special education advocacy, information and referrals, workshops and trainings, parent mentoring, adult services including employment, work training, housing and residential options.</p>
Education Support	<input checked="" type="checkbox"/>

Family Support Services

Clinic Name	Autism Society of Minnesota
Street Address	2380 Wycliff St # 102
City	St Paul
State	MN
PostalCode	55114
Phone	(651)647-1083
Fax	
Email	info@ausm.org
Website	http://www.ausm.org self
Referral Method	Not Applicable
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	The Autism Society of Minnesota is a non-profit organization committed to education, advocacy and support designed to enhance the lives of those affected by autism form birth through retirement.
Family Support	<input checked="" type="checkbox"/>

Clinic Name	Essentia Health - Amberwing
Street Address	6152 Pecan Ave
City	Duluth
State	MN
PostalCode	55811
Phone	(218)355-2100
Fax	
Email	amberwing@essentiahealth.org
Website	www.amberwing.org
Referral Method	Clients and caregivers can contact them to do an initial intake interview. A doctor's referral is required for admission.
Insurance Details	Accepts most major insurance providers.
Ely Area	<input type="checkbox"/>
Notes	Amberwing - Center for Youth & Family Well-Being was created by the Miller-Dwan Foundation to provide the greatest level of compassion and skill, in the most welcoming of healing environments. Set in a restful wooded area, Amberwing brings together the combined resources of a community philanthropy and a health system to create a national model for effective mental health care. This is a day treatment program and also offers DBT skills aftercare for families via weekly meetings. No residential services on-site.
Family Support	<input checked="" type="checkbox"/>

Clinic Name	Family Voices of Minnesota
Street Address	
City	
State	
PostalCode	
Phone	(866)334-8444
Fax	
Email	P2P@familyvoicesmn.org
Website	http://www.familyvoicesofminnesota.o
Referral Method	self
Insurance Details	Parents raising children with disabilities
Ely Area	<input type="checkbox"/>
Notes	<p>Family Voices aims to achieve family-centered care for all children and youth with special health care needs and/or disabilities.</p> <p>Through it's state and national networks, Family Voices provide families tools to make informed decisions, advocate for improved public and private policies, build partnerships among professionals and families, and serve as a trusted resource on health care. In addition, Family Voices provides the following supports: Provides families information about community resources and supports</p> <p>Connects families of children with special health care needs and disabilities with one another</p> <p>Promotes patient and family-centered care including family and youth involvement in program and policy development, implementation and evaluation</p> <p>Promotes cultural competence across all systems</p> <p>Collaborates with other health and disability organizations and state agencies</p>
Family Support	<input checked="" type="checkbox"/>

Clinic Name	Genesis Recovery Services LLC
Street Address	5 N 3rd Ave W
City	Duluth
State	MN
PostalCode	55731
Phone	(218)722-368
Fax	
Email	
Website	http://www.genesisrecoveryservice LLC
Referral Method	Referrals are made to Holly Angell. Her direct phone number is 218-740-2348. Her email is hangell@grsduluth.com. Self or medical professional referrals are welcome.
Insurance Details	<p>Accepting of private insurances. If someone in St Louis County receives Medical Assistance, they can go the county Chemical Health offices in Duluth on Tuesdays from 2:00-3:00 pm for a rule 25 interview to check eligibility for consolidated funding.</p> <p>Rule 25 and Diagnostic Assessments can be done and paid for out of pocket. Rule 25 cost is \$150.00 and Diagnostic Assessment is \$250.00</p>
Ely Area	<input checked="" type="checkbox"/>
Notes	<p>Genesis Recovery Services LLC will provide therapeutic interventions that are evidence based (empirical value) in a treatment environment that will enhance and enrich the lives of individuals diagnosed with either a chemical health disorder, or a chemical and mental health co-occurring disorder according to the Diagnostic Statistical Manual V (DSM-V). Through the recovery process, the recovering individual will gain an understanding of the progression of addiction and recovery through the development and implementation of healthy coping skills to effectively manage this area of their life. This will be accomplished through psycho-education, individual counsel, group psychotherapy and peer treatment support that address both addictive behaviors and mental illness. In gaining this understanding and knowledge, individuals will be able to apply and implement healthy coping skills along with symptom management skills for both their chemical and mental health diagnosis in an environment that will meet their physical, emotional and spiritual needs.</p> <p>Admissions screening requires the following information: name, address, insurance or financial information, copy of identification, spouse information, emergency contact information, Rule 25 assessment, county caseworker information and any county services received (ARHMS, mental health, etc.), primary care provider, diagnostic assessment.</p> <p>Services are strictly outpatient. Groups are offered:</p> <p>Monday, Wednesday and Thursday from 9:00am-12:00pm (co-ed)</p> <p>Monday, Wednesday and Thursday from 1:00-4:00 (women)</p> <p>Monday, Tuesday and Thursday from 5:00-8:00 (professionals/those working during the day)</p> <p>Groups are for 12 weeks and they will work with clients if they aren't able to make it to sessions. 134 hours are required to be considered "graduated" from the program.</p>

They also offer crisis interventions, family education and supports and individual sessions.
An eight week parent program is offered once a week on Fridays, you can contact Corrie Ehrbright at 218-740-2346.

Family Support



Clinic Name

Minnesota Help Info

Street Address

City

State

PostalCode

Phone

(800)333-2433

Fax

Email

Website

<https://www.minnesotahelp.info/>

Referral Method

self

Insurance Details

Ely Area



Notes

MinnesotaHelp.info® is brought to you by the State of Minnesota, and strives to connect people with services in their communities. The resource database found online contains information on the community services individuals and communities need to sustain and improve their daily lives--health care and childcare, job training, education and recreation, retirement, disability and social service information. This directory contains information on nonprofit and public health and human service programs and some for-profit programs such as housing.

Family Support



Clinic Name	MN Association of Children's Mental Health
Street Address	165 Western Ave N Ste 2
City	St Paul
State	MN
PostalCode	55102
Phone	(800)528-4511
Fax	(651)644-7391
Email	info@machmh.org
Website	www.machmh.org
Referral Method	self
Insurance Details	Not Applicable
Ely Area	<input type="checkbox"/>
Notes	Minnesota Association of Children's Mental Health's mission is to promote positive mental health for all infants, children, adolescents and their families. Their website provides a number of links to resources and trainings that may be of interest to community members, educators, parents and caregivers.
Family Support	<input checked="" type="checkbox"/>

Clinic Name	PACER
Street Address	8161 Normandale Blvd
City	Bloomington
State	MN
PostalCode	55437
Phone	(952)838-9000
Fax	
Email	
Website	www.pacer.org
Referral Method	self
Insurance Details	Not Applicable
Ely Area	<input type="checkbox"/>
Notes	PACER Center is a parent and training information center for families of children and youth with all disabilities from birth to young adults. PACER provides training for interested families. PACER operates on the principles of parents helping parents, supporting families, promoting a safe environment for all children and working in collaboration with others. Their website is a wealth of fact sheets and additional resources.
Family Support	<input checked="" type="checkbox"/>

Clinic Name	Range Mental Health
Street Address	624 S 13th St
City	Virginia
State	MN
PostalCode	55792
Phone	(218)749-2881
Fax	(218)749-3806
Email	
Website	http://rangementalhealth.org/
Referral Method	Referrals would be made by the individual doing the assessment or by self referrals. If assessment has been completed by another agency, it can be sent to RMH with proper consent forms. The practitioner can contact intake at 218-749-2881 to make referral.
Insurance Details	Accepts most major insurances
Ely Area	<input checked="" type="checkbox"/>
Notes	<p>The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.</p> <p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <p>Exceeding the expectations of the clients and communities they serve.</p> <p>Each client's ability to reach his or her highest level of independence.</p> <p>Delivering quality services.</p> <p>Mutual respect for each client, employee, and services provided.</p> <p>Accountability, integrity, and problem solving with flexibility and openness to change.</p>
Family Support	<input checked="" type="checkbox"/>

Clinic Name	St Louis County
Street Address	320 Miners Drive E
City	Ely
State	MN
PostalCode	55731
Phone	(218)365-8200
Fax	
Email	
Website	www.stlouiscountymn.org
Referral Method	self
Insurance Details	
Ely Area	<input checked="" type="checkbox"/>
Notes	St Louis County provides informationa nd referral services as well as case management for both adults and children.
Family Support	<input checked="" type="checkbox"/>

Clinic Name	The Arc Range
Street Address	PO Box 433
City	Eveleth
State	MN
PostalCode	55734
Phone	(218)750-1251
Fax	
Email	info@thearcrange.org
Website	http://thearcrange.org
Referral Method	self
Insurance Details	Not Applicable
Ely Area	<input checked="" type="checkbox"/>
Notes	The Arc Range is an organization that is dedicated to ensuring the full participation of people with intellectual and developmental disabilities in their community, and to improving their lives and the lives of their families. Programs and services include: advocacy and parent support, special education advocacy, information and referrals, workshops and trainings, parent mentoring, adult services including employment, work training, housing and residential options.
Family Support	<input checked="" type="checkbox"/>

Individual Therapy

Clinic Name	Essentia Health - Virginia
StreetAddress	1101 9th St N
City	Virginia
State	MN
PostalCode	55792
Phone	(218)749-7800
Fax	
Email	
Website	www.essentiahealth.org
Referral Method	self
Insurance Details	adults and children
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>Behavioral and mental health services at the Essentia Health-Virginia Clinic support you in achieving emotional, physical, spiritual and intellectual balance and well-being. We offer counseling services to discuss life-challenges while promoting independence and responsibility.</p> <p>Essentia accepts most public and private insurances.</p> <p>Providers include:</p> <p>Jeffrey Harwig</p> <p>Tim Smith (Child and Adolescent Psychiatry)</p> <p>Ericka LaMar</p> <p>Laura Whitney</p>

Clinic Name	Arrowhead Center
StreetAddress	505 12th Ave W Ste 1
City	Virginia
State	MN
PostalCode	55792
Phone	(218)749-2877
Fax	(218)749-6033
Email	
Website	http://www.arrowheadcenterinc.org/
Referral Method	Self referrals are welcome. If the referral is for chemical dependency services due to legal reasons, Arrowhead will make every attempt to schedule the client asap.
Insurance Details	Accepting of most major insurances.
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>The Arrowhead Center has a mission to address the needs of individuals, families, and society by providing comprehensive client care. The Arrowhead Center provides services for mental health care, addictive behaviors, and compulsive behaviors. They have been providing client centered care since 1969. The Arrowhead Center is a 501(c)(3) not-for-profit corporation. The Arrowhead Center therapists provide outpatient mental health therapeutic services for individuals, families, and groups. The Arrowhead Center also offers services for chemical dependency and substance abuse. Licensed by the State of Minnesota, they have seven licensed alcohol and drug counselors to serve the area. The Arrowhead Center also contracts with the County to provide court evaluation services.</p> <p>A diagnostic assessment is required to receive mental health services. Services are currently located in Virginia and in Hibbing and hope to expand to Ely in 2017.</p>

Clinic Name	CADT Residential Treatment Facility
StreetAddress	1402 E Superior St
City	Duluth
State	MN
PostalCode	55805
Phone	(218)723-8444
Fax	
Email	admissions@CADT.org
Website	http://cadt.org/
Referral Method	A self referral can be made, however a Rule 25 assessment must be completed first.
Insurance Details	Accepted by most major insurances, however, clients receiving straight Medical Assistance would not be covered and would require county funding to pay for treatment.
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	The mission of the Center for Alcohol and Drug Treatment is to improve personal, family and community health through addiction prevention, treatment and recovery services. They offer mental health group therapy and have individual counselors on staff. They offer a 28 day treatment program and also offer outpatient services, detox, and medium intensity treatment of approximately 90 days. There can be a wait of two weeks to start services.

Clinic Name	Essentia Health-Polinsky Medical Rehabilitation Center
StreetAddress	530 E 2nd St
City	Duluth
State	MN
PostalCode	55805
Phone	(218)786-5360
Fax	
Email	
Website	www.essentiahealth.org
Referral Method	Referral must be made by a primary care physician within the Essentia network.
Insurance Details	Accepting of most major insurances.
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>Behavioral and mental health services at Essentia Health-Polinsky Medical Rehabilitation Center support you in achieving emotional, physical, spiritual and intellectual balance and well-being. We offer counseling services to discuss life-challenges while promoting independence and responsibility. In order to be serviced at Polinsky, a more severe diagnosis must be present. These include: cognitive disorder, severe behavior disorders, oppositional defiant disorder, sensory processing disorder. ADHD, Autism, Learning Disability testing is also offered for all ages and counseling services are provided in these situations with an underlying severe diagnosis. Polinsky does not offer counseling services for anxiety or depression without the underlying diagnosis.</p> <p>Other services include: Traumatic Brain Injury cognitive retraining, family counseling, PCIT and Circle of Security group meetings.</p> <p>Paperwork is required prior to testing. Contact Polinsky to obtain the required documents.</p> <p>Services Providers at this location include: Nicole Clover, Marian Flammang, Mark Ham, Gerald Ouellette, Jessica Schilling</p>

Clinic Name	Essentia Health–Duluth Clinic 2nd Street Building
StreetAddress	502 East 2nd Street
City	Duluth
State	MN
PostalCode	55805
Phone	(218)786-1186
Fax	
Email	
Website	www.essentiahealth.org
Referral Method	Self or Guardian referrals are welcome. Terri Maki is the intake coordinator and can be reached at 218-786-1729. A referral from an Essentia Health provider is required for services to be received.
Insurance Details	Accepting of most major insurance providers
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>Behavioral and mental health services at Essentia Health- 2nd Street support you in achieving emotional, physical, spiritual and intellectual balance and well-being. Counseling services are offered to discuss life-challenges while promoting independence and responsibility. At this location they also offer medication management and psychological testing. No telemedicine is offered at this time. Services also included are: chronic pain, health related depression and insomnia.</p> <p>In the future, an autism clinic geared toward youth will be offered.</p> <p>Services Providers at this location include:</p> <p>Othmane Alami, Jayme Bork, Babuji Gandra, Michael Messer, Elena Metcalf, Jennifer Nelson Albee, Barbara Boehm, Kathy Busick, Julianne Davis, Nicole Harriman, Laura Hoffarth, Cindy Kellett, Rhonda Krossner, Nancy LeRoux, Michaela Mayfield, John McBride, Nicholas Navarro, Katie Onofrechuk, Paul Remark, Lisa Streefland, Therese Sundberg</p>

Clinic Name	North Homes Children & Family Services
StreetAddress	324 W Superior St Ste 400
City	Duluth
State	MN
PostalCode	55802
Phone	(218)733-3000
Fax	
Email	
Website	http://www.northhomesinc.org/
Referral Method	Referrals can be made via phone by the person or guardian of the person seeking services, social workers or hospital staff.
Insurance Details	Accepts most major insurances. Grant funding may be available for those without insurance, despite household income.
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>North Homes Children and Family Services is a private, nonprofit agency that provides comprehensive services to children and families in Minnesota.</p> <p>There are five locations that include Grand Rapids, Bemidji, Duluth, Deer River, and Big Lake. Currently, North Homes provides numerous programs in the areas of foster care, adoption, in-home family services, CTSS, residential treatment, outpatient chemical dependency, outpatient mental health, medication management, family group conferencing, next step transitional services into adulthood, ITASKIN Center with a stabilization shelter, 35 day evaluation program, secure detention, and 90 day intensive residential treatment in Grand Rapids and Bemidji.</p> <p>Therapy and CTSS services can be provided in Ely dependent on the availability of their employees.</p> <p>Their Duluth location provides foster care, therapy and CTSS services. Residential services are located in Grand Rapids and Bemidji.</p> <p>North Homes also offers services for youth at risk for sex-trafficking. Grant funding is available and youth must be classified at risk, they do not need have fallen victim to trafficking. Primary insurance providers do not need to be notified of a client using these services.</p>

Clinic Name	Vieau Counseling
StreetAddress	302 E Howard St
City	Hibbing
State	MN
PostalCode	55743
Phone	(218)235-1703
Fax	(218)440-1278
Email	
Website	
Referral Method	self/fax
Insurance Details	Vieau Counseling accepts most insurance. Medical Assistance will cover home visits for services.
Ely Area	<input checked="" type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	Trauma informed counseling services. Serving children, individuals, couples and families in the Hibbing, Virginia and Ely areas.

Clinic Name	Greater MN Family Services
StreetAddress	34 S 2nd Ave E Ste 203
City	Ely
State	MN
PostalCode	55731
Phone	(218)235-8582
Fax	
Email	kflynn@greaterminnesota.org
Website	http://www.greaterminnesota.org/
Referral Method	self
Insurance Details	The primary funding mechanism for program services is Medical Assistance (MA) or one of the state prepaid MA plans (PMAPs, such as Primewest, Medica, and Blue Plus). Families eligible for MA are able to access these services for their child and family, and the services take place in their home, school, or community program rather than a typical outpatient clinic setting.
Ely Area	<input checked="" type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	By working with the family's strengths and being available when a family crisis arises - day or night - the in-home Counselors can support the family, and help identify options and resources to maintain the family circle. When children are placed out of the home, it is not because families are unwilling to change, but because community resources have not had the time or intensity of services to help the children have successful experiences in their homes and communities.

Clinic Name	Oshki Manidoo
StreetAddress	1741 15th St NW
City	Bemidji
State	MN
PostalCode	56601
Phone	(218)751-1846
Fax	(218)751-1846
Email	
Website	http://oshkimanidoo.com/
Referral Method	Referrals can be self or by medical professionals. You can call for a admissions packet or find the information online at their website. Admissions packet can be faxed or emailed back. For admissions information and availability contact Naomi Earle at 218-751-6553 x 6203
Insurance Details	Accepting of most private insurances. Also accepting of county funding and tribal consolidated funding. If they are considered out of network with an insurance provider, a client may need prior authorization from their insurance.
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	The Oshki Manidoo Center is a culturally specific treatment program for Native American and non-Native American youth and women. Program emphasis includes substance use disorder, cultural foundations, physical wellness and strengthening family connections. OMC employs qualified staff trained in a variety of substance use, cultural competency and living skills. Oshki Manidoo's main goal is to keep the people we serve, sober and provide the tools needed to maintain sobriety when returning to their community. The women's treatment center offers on-site day care and welcomes children after a period of time in order to keep families together. Pregnant women who are IV users are moved to the top of the list, and on average there is a waitlist of 30 women. Mental health services are offered and are considered an outpatient services. A rule 25 assessment done within the past 45 days is required to be on file for admissions.

Clinic Name	Moving Waters Counseling
StreetAddress	324 W Superior St Ste 1121
City	Duluth
State	MN
PostalCode	55802
Phone	(218)722-1920
Fax	
Email	info @ movingwaterscounseling.com
Website	http://www.movingwaterscounseling.c
Referral Method	
Insurance Details	<p>Moving Waters accepts insurance, and is considered "In-Network" with several companies. They will be happy to call your insurance company to check on your exact share of the payment. Please contact the office if you'd like your insurance verified.</p> <p>Payments are also acceptable with cash, check or credit card.</p>
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	Moving Waters offers a free 15 minute phone consultation to see if the services would be a good fit for your needs. Dustin Holden has received training in both traditional and holistic approaches to counseling.

Clinic Name	Fairview Range
StreetAddress	3605 Mayfair Ave
City	Hibbing
State	MN
PostalCode	55747
Phone	(866)806-7139
Fax	
Email	
Website	http://www/range.fairview.org
Referral Method	phone
Insurance Details	most insurances accepted
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	At Fairview Mesaba Clinic - Hibbing, outpatient mental health treatments and counseling programs are available to serve the community.

Clinic Name	Nystrom & Associates
StreetAddress	322 W Superior St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)722-4379
Fax	(218)722-4333
Email	
Website	https://www.nystromcounseling.com/
Referral Method	Referrals can be made online or via fax. Client or practitioner can send in a referral. When a referral is made by an outside source, Nystroms will make three attempts to contact the referred client.
Insurance Details	Most major insurances are accepted, however some of their providers do not take medicare. It is best to check with Nystrom's financial workers when scheduling an appointment. CTSS Services are covered by private insurance, however the mileage costs fall on the family would be approximately \$118.00 one way between Ely and Duluth.
Ely Area	<input checked="" type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	A group of professional counselors from the fields of psychology, clinical social work, marriage and family therapy, nursing, and psychiatry who are committed to helping individuals and families that are experiencing personal, emotional, marital, or psychological problems. They do offer CTSS services in the Ely area via their Professional Family Based Division (see insurance details for more info). Nystrom also offers ARMHS services in the Ely area based on provider availability.

Clinic Name	Speare Psychological
StreetAddress	3100 Lincoln Bldg
City	Virginia
State	MN
PostalCode	
Phone	(218)741-3740
Fax	
Email	
Website	http://jonathanspeare.com/
Referral Method	self
Insurance Details	Most insurances are accepted, however marriage/couples therapy typically isn't a covered service. It is recommended you check with your insurance company to see what therapy services are covered. He is an in-network provider for most insurance companies, HMOs, and PPOs serving the Iron Range, including Medicare, MinnesotaCare, and Medical Assistance. If necessary, financial arrangements are available.
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	Dr Speare has a wide variety of interests and training in the field of psychotherapy, with an emphasis on the treatment of anxiety, trauma, and depression. He uses traditional, empirically validated treatments in his practice primarily but also incorporate more non-traditional, innovative approaches. Because he doesn't believe in a one-size-fits-all approach, he has obtained advanced training in many different therapeutic methods. Clients are over the age of 18. There may be a wait list to receive services.

Clinic Name	Accend Services
StreetAddress	101 W 2nd St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)724-3122
Fax	(218)724-4041
Email	
Website	http://accendservices.com/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>Accend Services provides a variety of high quality mental health counseling, intervention, case management, advocacy, & rehabilitative services to adults, children & their families.</p> <p>Their mission is to build partnerships in their communities and with their clients to provide responsive, & client-centered services that restore health & maximize quality of life, independence & functioning.</p>

Clinic Name	Duluth Institute
StreetAddress	104 W Superior St
City	Duluth
State	MN
PostalCode	55802
Phone	(218)727-7353
Fax	(218)727-2646
Email	
Website	www.duluthinstitute.com

Referral Method

Insurance Details

Ely Area ☐

Individual Therapy ☒

Notes

The Duluth Institute, also known as The Institute for Psychological & Sexual Health, Inc., is committed to improving and enhancing the psychological and sexual health functioning of individuals and families in their community. They are a general mental health outpatient clinic. The Duluth Institute provides a complete range of psychological and mental health services through a model of treatment that focuses on rehabilitation and prevention as well as education and research.

Clinic Name	Human Development Center
StreetAddress	1401 E First St
City	Duluth
State	MN
PostalCode	55805
Phone	(218)728-4491
Fax	
Email	
Website	https://www.humandevelopmentcente
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	HDC's mission is to lead their communities by providing integrated, culturally respectful mental health and addiction services that foster hope, self-determination, and recovery. Their focus on serving those most in need improves the quality of life for all.

Clinic Name	Residential Services of NE MN
StreetAddress	108 S 5th Ave
City	Virginia
State	MN
PostalCode	55792
Phone	(218)741-7270
Fax	(218)741-7277
Email	info@residentialservices.org
Website	http://residentialservices.org/
Referral Method	Referrals can be made via self or professionals. Form can be found online.
Insurance Details	Accepts most major insurances.
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>RSI was founded on the belief that anyone with any level of disability can be supported successfully in the community and that continues to guide everything they do.</p> <p>They strive to provide innovative supports that allow people with disabilities to live meaningful lives. Person-centered care is the basis for many of the supports offered. They encourage goals and dreams and create individualized supports to help clients achieve them.</p> <p>The idea of home is a key part of their services. That means providing settings where clients feel comfortable and secure. They take the time to get to know the people they serve because they believe that is the only way to truly meet their needs.</p> <p>An example of this in action is Positive Behavior Support, a strategy that involves understanding and eliminating the rewards for negative behavior. They then create positive behavior supports, which are tailored to each client.</p> <p>From assistive technology to nursing care, their services are designed to help clients live the lifestyle they want. By focusing on innovation and quality, they support people with disabilities in achieving their desires for years to come. They accept most insurances, including Medical Assistance, and offer a sliding fee scale and acceptable payment arrangements. Billing information can be found on their website.</p>

Clinic Name	Range Mental Health
StreetAddress	624 S 13th St
City	Virginia
State	MN
PostalCode	55792
Phone	(218)749-2881
Fax	(218)749-3806
Email	
Website	http://rangementalhealth.org/
Referral Method	Referrals would be made by the individual doing the assessment or by self referrals. If assessment has been completed by another agency, it can be sent to RMH with proper consent forms. The practitioner can contact intake at 218-749-2881 to make referral.
Insurance Details	Accepts most major insurances
Ely Area	<input checked="" type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>The Range Mental Health Center is a nonprofit organization dedicated to providing comprehensive integrated behavioral health care services to the citizens of northern Minnesota thereby helping people reach and maintain productive and dignified lives.</p> <p>Their staff is fully trained and will make sure clients receive the correct services, or mix of services, that fit their specific needs.</p> <p>Diagnostic assessment must have been completed within the past 12 months to receive ARMHS services. The assessment must refer client to receive ARHMS services.</p> <p>At RMHC, they believe in:</p> <p>Exceeding the expectations of the clients and communities they serve.</p> <p>Each client's ability to reach his or her highest level of independence.</p> <p>Delivering quality services.</p> <p>Mutual respect for each client, employee, and services provided.</p> <p>Accountability, integrity, and problem solving with flexibility and openness to change.</p>

Clinic Name	Solutions Behavioral Healthcare
StreetAddress	891 Belsley Rd
City	Moorhead
State	MN
PostalCode	56560
Phone	(218)287-4338
Fax	(218)287-5928
Email	
Website	http://www.solutionsinpractice.org/
Referral Method	
Insurance Details	
Ely Area	<input type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>SOLUTIONS Behavioral Healthcare Professionals is a 501(c)(3) non-profit agency formed in 1999 by a small group of professionals who were committed to making a difference in the lives of individuals struggling with mental health problems. The emphasis was on providing quality, accessible services, and meeting unmet needs in the community.</p> <p>As a licensed mental health clinic, SOLUTIONS voluntarily adheres to state quality assurance standards and actively promotes the use of evidence-based interventions in the provision of services. SOLUTIONS accepts most insurances.</p>

Clinic Name	CBHS Adult & Family Counseling
StreetAddress	326 Chestnut St
City	Virginia
State	MN
PostalCode	55792
Phone	(218)248-6400
Fax	
Email	thejourney@therockhhc.com
Website	http://www.cbhsweb.com/
Referral Method	Referrals can come in the form of a self or professional referral.
Insurance Details	At this time medicare is not accepted. Most major insurances are accepted.
Ely Area	<input checked="" type="checkbox"/>
Individual Therapy	<input checked="" type="checkbox"/>
Notes	<p>CBHS (Children’s Behavioral Health Services) offers client specific therapy approaches. We create and implement client specific treatment plans with the client’s involvement. CBHS offers individual and family sessions. CBHS offers Children’s Therapeutic Support Services in the form of skills training for individuals/families. We incorporate group skills for children and adolescents when applicable within our RockStars program. CBHS takes a client centered approach. The CBHS team is trained in offering a wide spectrum of crisis services. CBHS offers a confidential, warm environment during times of crisis while giving hope to families. Individual and family therapy and skills as well as mental health crisis services are available to clients in the Ely area. Services can be provided in the home.</p>

Prescribers and Medication Management

ClinicName	Arrowhead Center, Inc.
City	Virginia
StreetAddress	505 12th Ave. W.
State	MN
PostalCode	55792
Phone	218-749-2877
Fax	218-749-6033
Email	
Website	www.arrowheadcenterinc.org
Referral Method	self (requires diagnostic assessment within last 6 months)
Insurance Details	accepting most insurances (currently not accepting Health Partners)
Wait Time for Appt.	approx. one month
Notes	Psychiatry services are currently offered on Tuesday and Wednesday. Medication management is available, however diagnostic assessments are not offered.

Clinic Name	Range Mental Health Center
City	Virginia
Street Address	624 13th St S
State	MN
Postal Code	55792
Phone	218-749-2881
Fax	218-749-3806
Email	
Website	www.rangementalhealth.org
Referral Method	self (must have diagnostic assessment within the last year)
Insurance Details	Currently accepting most insurances, insurance navigator can help uninsured patients
Ely Area	<input type="checkbox"/>
Wait Time for Appt.	Approx. 2 weeks
Notes	RMHC offers assessments and medication management (including med. management consultation for complicated cases.

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Clinic Name	Lakeview Behavioral Health, LLC
City	Grand Rapids
Street Address	520 1st Ave NW
State	MN
Postal Code	55744
Phone	(218)302-4468
Fax	
Email	info@lakeviewbh.com
Website	www.lakeviewbh.com
Referral Method	self/professional
Insurance Details	most insurance accepted
Ely Area	<input type="checkbox"/>
Wait Time for Appt.	within a week
Notes	Psychiatric services include psych. consults, med. management, and telepsychiatry.

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ClinicName	Essentia Health Ely Clinic
City	Ely
StreetAddress	300 W Conan St
State	MN
PostalCode	55731
Phone	(218)365-7900
Fax	
Email	
Website	
Referral Method	Referral by primary provider required. Please call (218)365-7900 to make primary care appt.
Insurance Details	Insurance coverage is the same as for primary care.
Ely Area	<input checked="" type="checkbox"/>
Wait Time for Appt.	Adult services: 1-3 months Child psychiatry : 2-6 weeks
Notes	<p>Psychiatry Services:</p> <ul style="list-style-type: none"> * Adult psychiatry through Essentia Behavioral Health, Duluth Campus * Adult psychiatry via telemedicine from Ely Clinic to International Falls * Child Psychiatry at Essentia Health International Falls or via telemedicine from Ely Clinic to International Falls <p>All provide full medication management and consultation to primary care</p>

Residential Mental Health

ClinicName **Avanti Center for Girls**

City Blaine

StreetAddress 10300 Flanders Street NE

State MN

PostalCode 55449

Phone (763)230-7470

Fax

Email

Website <http://www.voamnwi.org/avanti>

Referral Method self

Insurance Details females ages 13-18

Ely Area ☐

Notes Avanti Center for Girls offers a continuum of shelter, evaluation and residential treatment services. Avanti uses Dialectical Behavior Therapy (DBT) to treat adolescent girls, ages 13-18, experiencing mental health crisis. Diagnoses include depression, anxiety, post-traumatic stress and emerging personality disorders which often present as self-injurious behavior and frequent hospitalizations for suicidal ideation and attempts. Family involvement is incorporated into all stages of treatment. Funding for participant placement is typically received through private health insurance and/or county social services.

Residential Mental Health ☒

ClinicName Bar None Residential Treatment

City Anoka

StreetAddress 22426 St Francis Blvd

State MN

PostalCode 55303

Phone (763)753-2500

Fax

Email

Website

Referral Method self

Insurance Details males ages 12-18

Ely Area ☐

Notes Bar None Residential Treatment offers a variety of residential treatment and aftercare services, as well as evaluation and stabilization options, for at-risk youth who exhibit emotional and behavioral problems. Their goal is to assist program participants in gaining the skills necessary to improve their quality of life, the lives of those around them, and to succeed as adults. Funding for participant placement is typically received through private health insurance and/or county social services.

Residential Mental Health ☒

ClinicName	Birch Tree Center
City	Duluth
StreetAddress	4720 Burning Tree Rd
State	MN
PostalCode	55811
Phone	(218)623-1800
Fax	
Email	
Website	http://www.birchtreeduluth.com/
Referral Method	self/professional
Insurance Details	adult
Ely Area	<input type="checkbox"/>
Notes	Birch Tree Center is an accredited, non-religious, residential mental health center where adults in crisis go to find stability. While the primary purpose of Birch Tree Center is to provide residential mental health stabilization care, we are also a hub for the community. They can also help you identify and connect with resources to get the appropriate care you need for yourself, or someone you care about. No matter your financial or health insurance situation, Birch Tree Center can help you find your pathway to healing. They accept Medical Assistance and many other sources of funding.
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Child & Adolescent Behavioral Health Services
City	Wilmar
StreetAddress	1701 Technology Dr NE
State	MN
PostalCode	56201
Phone	(320)231-5421
Fax	
Email	
Website	https://edocs.dhs.state.mn.us/lfserver/
Referral Method	Referrals are welcome by medical staff or by person needing services or their guardian. A doctor's referral will be required for admission.
Insurance Details	Accepts most major insurances. Check with insurance provider to see what type of referral they may require.
Ely Area	<input type="checkbox"/>
Notes	<p>The Child and Adolescent Behavioral Health Services (CABHS) program is a specialized mental health program operated by the Department of Human Services. CABHS provides both inpatient psychiatric hospital services and community-based foster home services. The CABHS hospital component offers a safe, youth- and family-responsive setting for tertiary care, comprehensive assessment and intensive treatment of specialized mental health problems. CABHS specialty care includes two programmatic directions: a neurodevelopmental program for youth with cognitive challenges who also have a mental illness; and trauma-informed care, a specialized treatment of mental illness in youth who have suffered severe psychosocial trauma. All admissions are routed through a Central Pre-Admissions department. That phone number is 651-431-5337. This is an acute care facility utilized for stabilization. This hospital does not serve long term residential needs. As of 07/01/16, this facility is not accepting new referrals due to lack of psychiatric service providers. This could change so please double check.</p>
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Children's Residential Treatment Center
City	Minneapolis
StreetAddress	143 E 19th St
State	MN
PostalCode	55409
Phone	(612)870-4300
Fax	(888)965-5129
Email	
Website	http://www.voamnwi.org/crtc
Referral Method	Referrals can be initiated from a guardian or medical professional. Referral form is located on their website. When making a referral, the intake coordinator's name is Brenda and she can be reached at 612-278-4221. Helpful information to include: legal information (court order), IEP or 504 Plan from school, Psych Evaluation or Diagnostic Assessment, hospital or clinic history. This is used to determine if the treatment is best suited for the client.
Insurance Details	In network with all major insurances that offer residential treatment benefits. Funding for participant placement is typically received through county social services or private medical insurance.
Ely Area	<input type="checkbox"/>
Notes	Children's Residential Treatment Center (CRTC) provides intensive residential treatment, in a secure setting, for severely emotionally disturbed children and adolescents who suffer primary psychiatric challenges such as mood and anxiety disorders, personality disorders, self-destructive behaviors, eating disorders, thought/dissociative disorders, and history of trauma. Average length of stay is typically between 6 and 12 months. Parents/Guardians are not required to stay with their children, however there are family meetings/days which require a full day. No onsite lodging is available.
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Greater MN Family Services Shelter Care
City	Wilmar
StreetAddress	2320 E Hwy 12
State	MN
PostalCode	56201
Phone	(320)235-3664
Fax	(320)235-1671
Email	
Website	http://www.greaterminnesota.org/resid
Referral Method	self/professional
Insurance Details	youth ages 9-17
Ely Area	<input type="checkbox"/>
Notes	<p>Shelter Care provides crisis, shelter, and respite care for youth at a crucial time in their lives. Youth are involved in individual and group therapy. Shelter Care has a two level system to improve social, emotional, and behavioral outcomes. Shelter Care Services available include:</p> <p>Placements range 1 to 6 months</p> <p>Diagnostic Assessments and Treatment Planning</p> <p>Group and Individual Skills Counseling Sessions</p> <p>Individual, Group, Family Therapy</p> <p>Truancy Reduction Placement</p> <p>Licensed Clinical Therapist on Staff</p> <p>Registered Nurse on Staff</p> <p>Discharge Planning with Family, Referring Worker and Shelter staff</p> <p>After Care Support with Home Based Counseling/Community Support Services and Parenting Education that are available during and after placement</p>
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	McLeod Treatment Programs
City	Hutchinson
StreetAddress	PO Box 364
State	MN
PostalCode	55350
Phone	(320)587-9790
Fax	
Email	
Website	http://www.mcleodtreatmentprograms
Referral Method	self
Insurance Details	
Ely Area	<input type="checkbox"/>

Notes

McLeod Treatment Programs, Inc. (MTP) embraces the theory that growing up in today's society is more difficult than ever before. The difficulties related to peer pressure, alcohol & illicit drugs, family disintegration, physical, emotional, and sexual abuse, neglect, attachment problems, and resultant urban stress are coupled with frequent neurological deficiencies, academic deficiencies, and lack of positive role modeling.

This myriad of problems can only be dealt with by providing a continuum of care that includes 24 hour supervision and support, milieu therapy, individual therapy, psychological services, psychiatric services, medication management, family therapy, and parent education groups as well as supervised family visitation and exchange services.

To accomplish this, MTP operates several small facilities in rural Minnesota communities. These programs are highly structured and team oriented with culturally competent, well-trained, professional staff and therapeutic school settings. At the same time, MTP utilizes settings that promote community education, employment, and involvement. The MTP philosophy is to treat the whole of the child and family, concentrating on issues of safety, knowledge, choices, respect, trust, and internalization while at the same time being respectful of individual differences and optimizing the self-help skills within each person. Availability can be checked via their website.

Residential Mental Health ☒

ClinicName **Nexus Youth and Family Solutions**
City Plymouth
StreetAddress 505 Hwy 169 N Ste 500
State MN
PostalCode 55441
Phone (612)619-2319
Fax
Email
Website <https://www.nexustreatment.org/index>

Referral Method self/professional

Insurance Details

Ely Area ☐

Notes Nexus is a national nonprofit organization that helps youth rehabilitate and reintegrate through a continuum of diversified services from residential programs to in-home counseling. They offer residential treatment programs, group home living programs, transitional living programs, treatment foster care, inpatient acute psychiatric care, in-home counseling services, alternative to residential treatment services, adoption, referrals to other treatment providers, and ongoing support. Minnesota locations include: Mille Lacs Academy in Onamia and Gerard Academy in Austin.

Residential Mental Health ☒

ClinicName	North Homes Children & Family Services
City	Duluth
StreetAddress	324 W Superior St Ste 400
State	MN
PostalCode	55802
Phone	(218)733-3000
Fax	
Email	
Website	http://www.northhomesinc.org/
Referral Method	Referrals can be made via phone by the person or guardian of the person seeking services, social workers or hospital staff.
Insurance Details	Accepts most major insurances. Grant funding may be available for those without insurance, despite household income.
Ely Area	<input type="checkbox"/>
Notes	<p>North Homes Children and Family Services is a private, nonprofit agency that provides comprehensive services to children and families in Minnesota.</p> <p>There are five locations that include Grand Rapids, Bemidji, Duluth, Deer River, and Big Lake. Currently, North Homes provides numerous programs in the areas of foster care, adoption, in-home family services, CTSS, residential treatment, outpatient chemical dependency, outpatient mental health, medication management, family group conferencing, next step transitional services into adulthood, ITASKIN Center with a stabilization shelter, 35 day evaluation program, secure detention, and 90 day intensive residential treatment in Grand Rapids and Bemidji.</p> <p>Therapy and CTSS services can be provided in Ely dependent on the availability of their employees.</p> <p>Their Duluth location provides foster care, therapy and CTSS services.</p> <p>Residential services are located in Grand Rapids and Bemidji.</p> <p>North Homes also offers services for youth at risk for sex-trafficking. Grant funding is available and youth must be classified at risk, they do not need have fallen victim to trafficking. Primary insurance providers do not need to be notified of a client using these services.</p>
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Prairie Care
City	Brooklyn Park
StreetAddress	9400 Zane Ave N
State	MN
PostalCode	55443
Phone	(763)762-8800
Fax	
Email	
Website	http://www.prairie-care.com/
Referral Method	self/professional
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	Services can be accessed by calling the Intake Advisors at 952-826-8475 to schedule a Free Needs Assessment. If you are a mental health professional or a hospital provider you will be directed to our Direct Admission Coordinators (or RAPID coordinators on site for Adult IOP admissions) PrairieCare works closely with patients, their families, agency representatives, insurance companies, EAPs and managed care providers to determine all possible payment options. We are an in-network provider for most major insurance companies and managed care plans (does not include Medica).
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Prairie St Johns
City	Fargo
StreetAddress	510 4th St S
State	ND
PostalCode	58103
Phone	(701)476-7200
Fax	
Email	
Website	http://prairie-stjohns.com/
Referral Method	Referrals can be done by an individual, caregiver or medical personnel. Contact Prairie St Johns for a needs assessment and bed availability.
Insurance Details	It is best to contact Prairie St Johns to verify insurance acceptance with their insurance counselors.
Ely Area	<input type="checkbox"/>
Notes	<p>Founded in 1997, Prairie St. John's is a fully-licensed and accredited 110-inpatient bed facility offering services for children, adolescents and adults to address mental health issues, substance use addiction or co-occurring disorders. Prairie offers a full psychiatric and addiction Continuum of Care. This Continuum of Care includes inpatient hospitalization, partial hospitalization (day treatment), residential treatment, intensive outpatient services and clinic services. While many patients are from the Fargo, ND, Moorhead, MN, and surrounding areas, they also serve individuals and their families from throughout Minnesota, North Dakota and other states. They also work with local Ronald McDonald housing facilities to assist families with long term stay needs. Prairie St. John's works closely with patients, their families, agency representatives, insurance companies, EAPs and managed care providers to determine all possible payment options. They are an approved provider for most major insurance companies and managed care plans. In addition, they will accept personal payment for services by individuals who either do not have insurance or do not want to use their insurance. A financial counselor will meet with you to determine funding options. They welcome referrals by medical or mental healthcare givers, case managers, employee assistance programs, family members, community agencies, hospitals, clergy, friends and patients themselves.</p>
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Residential Services of NE MN
City	Virginia
StreetAddress	108 S 5th Ave
State	MN
PostalCode	55792
Phone	(218)741-7270
Fax	(218)741-7277
Email	info@residentialservices.org
Website	http://residentialservices.org/
Referral Method	Referrals can be made via self or professionals. Form can be found online.
Insurance Details	Accepts most major insurances.
Ely Area	<input type="checkbox"/>
Notes	<p>RSI was founded on the belief that anyone with any level of disability can be supported successfully in the community and that continues to guide everything they do.</p> <p>They strive to provide innovative supports that allow people with disabilities to live meaningful lives. Person-centered care is the basis for many of the supports offered. They encourage goals and dreams and create individualized supports to help clients achieve them.</p> <p>The idea of home is a key part of their services. That means providing settings where clients feel comfortable and secure. They take the time to get to know the people they serve because they believe that is the only way to truly meet their needs.</p> <p>An example of this in action is Positive Behavior Support, a strategy that involves understanding and eliminating the rewards for negative behavior. They then create positive behavior supports, which are tailored to each client.</p> <p>From assistive technology to nursing care, their services are designed to help clients live the lifestyle they want. By focusing on innovation and quality, they support people with disabilities in achieving their desires for years to come. They accept most insurances, including Medical Assistance, and offer a sliding fee scale and acceptable payment arrangements. Billing information can be found on their website.</p>
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Sanford Health Pathfinders Children's Treatment Center
City	Thief River Falls
StreetAddress	921 Atlantic Ave
State	MN
PostalCode	56701
Phone	(218)683-7180
Fax	
Email	
Website	http://www.sanfordhealth.org/location
Referral Method	self/professional
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	<p>Sanford Health Pathfinders Children's Treatment Center is a place for children and families who need help finding the path to healthy emotional well-being.</p> <p>This center is open to both boys and girls age nine to 17 who are experiencing difficulties in school, home or the community. Patients may benefit from staying at the 14-bed residential mental health treatment facility where they will receive intensive therapy.</p>
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Solutions Behavioral Healthcare
City	Moorhead
StreetAddress	891 Belsley Rd
State	MN
PostalCode	56560
Phone	(218)287-4338
Fax	(218)287-5928
Email	
Website	http://www.solutionsinpractice.org/

Referral Method

Insurance Details

Ely Area ☐

Notes

SOLUTIONS Behavioral Healthcare Professionals is a 501(c)(3) non-profit agency formed in 1999 by a small group of professionals who were committed to making a difference in the lives of individuals struggling with mental health problems. The emphasis was on providing quality, accessible services, and meeting unmet needs in the community.

As a licensed mental health clinic, SOLUTIONS voluntarily adheres to state quality assurance standards and actively promotes the use of evidence-based interventions in the provision of services. SOLUTIONS accepts most insurances.

Residential Mental Health ☒

ClinicName	University of Minnesota Masonic Children's Hospital
City	Minneapolis
StreetAddress	Floor 2, Ste F-275 2312 6th St
State	MN
PostalCode	55454
Phone	(612)273-8383
Fax	
Email	
Website	https://childrens.mhealth.org/care/spec
Referral Method	self/professional
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	University of Minnesota Masonic Children's Hospital child and adolescent psychiatrists and psychologists offer comprehensive mental-health services. They provide assessments, services and treatment for various diagnoses so that your child or teen can grow in his understanding of himself and develop skills to achieve a healthier and happier life. Covered by most private and public insurances. Providers can call 612-672-7000 to make referrals
Residential Mental Health	<input checked="" type="checkbox"/>

ClinicName	Woodland Hills
City	Duluth
StreetAddress	4321 Allendale Ave
State	MN
PostalCode	55803
Phone	(218)728-7500
Fax	(218)728-7501
Email	
Website	http://www.woodlandhills.org/home.p
Referral Method	email/phone
Insurance Details	
Ely Area	<input type="checkbox"/>
Notes	Woodland Hills, located in Duluth, Minnesota, is dedicated to empowering, healing and teaching responsibility to children and adolescents. The multi-faceted agency provides a continuum of services for young people that promote behavioral, mental and chemical health as well as physical well-being. With over a century of experience, this private non-profit agency continues its mission of providing unwavering hope and opportunity for youth, families and communities. Woodland hills is a contracted provider for a number of private and public insurances with proper authorization.
Residential Mental Health	<input checked="" type="checkbox"/>