

COVID-19: RESOURCES & SERVICES FOR OUR COMMUNITY

MEDICAL

Most people with COVID-19 can safely recover at home without medical care. If you are experiencing symptoms, call ahead before visiting your healthcare provider. You can be screened for Coronavirus free of charge online through Essentia Health.

Essentia Health COVID-19 Hotline:

1-833-494-0836

Coronavirus-related Essentia E-visits are free

www.essentiahealth.org

If you are experiencing chest pain, extreme shortness of breath, and/or confusion/difficulty staying awake, go directly to the emergency room (if someone can drive you), calling first if you are able, or dial 9-1-1.

Ely Bloomenson Community Hospital

218-365-3271

Scenic Rivers Health Service—Tower

218-753-2405

Coronavirus Updates and Information Centers for Disease Control and Prevention

www.cdc.gov

Minnesota Department of Health

www.health.state.mn.us

St. Louis County

www.stlouiscountymn.gov

CONNECTION TO RESOURCES

Pathways to Wellness

Connect to a Care Facilitator for Ely, Babbitt, Tower area for help with these and other resource needs.

218-365-7929

2-1-1

Connection to resources, services, and assistance

Call 211 or visit www.211.org

Senior LinkAge Line

Connection to resources for older Minnesotans.

1-800-333-2433



PATHWAYS
TO WELLNESS

*Everyone deserves to live their best possible life.
Pathways to Wellness helps people navigate and
connect to a community of support services
and care no matter their circumstances.*

To connect with a Care Facilitator call
218-365-7929.

MENTAL HEALTH/CRISIS SERVICES

Thrive Range

Online mental health, suicide, and substance abuse help
www.thriverange.org

Let's Talk MN Line

Iron Range Mental Health Support Line
and Crisis Hotline: 218-288-2100 or Text MN to 741741
www.letstalkmn.com

National Suicide Prevention Lifeline

1-800-273-8255

Advocates for Family Peace

Domestic Violence Hotline

1-800-909-8336

FOOD

Ely Area Food Shelf

218-365-8527 or www.elyareafoodshelf.org

Supplemental Nutrition Assistance Program (SNAP) and Women, Infants, and Children (WIC) Food Programs

Apply online at applymn.dhs.mn.gov

or call St. Louis County Ely Office at 218-365-8220

HOUSING

United Way 211 Homeless Resource Entry Point

Call 211 or 1-800-543-7709 or Text HOMELESS to 85511

Arrowhead Economic Opportunity Agency

(AEOA) Energy Assistance Program

Call 218-749-2912 or 800-662-5711

www.aeo.org/housing/energy-assistance

UNEMPLOYMENT

Minnesota Unemployment Benefits

Apply online at www.uimn.org/applicants

INSURANCE

MNSure

Due to Covid-19, enrollment is open now through April 21st for anyone who is uninsured.

Apply at www.mnsure.org.